



Important Care & Inflation Instructions

- 1) DO NOT STORE THE BOSU® BALANCE TRAINER IN DIRECT SUNLIGHT (SUCH AS OUTSIDE OR NEAR WINDOWS) OR NEAR HEAT SOURCES. Direct sunlight or excessive heat (like the high temperatures that can occur in the trunk of a car) can cause the inflated dome to deform. Though the product can continue to be used, deformation may cause the original balance traits of the dome to change.
- 2) Avoid contacting the BOSU® Balance Trainer dome with sharp or abrasive objects. Sharp or abrasive objects can puncture the vinyl surface. Always check the soles of your shoes for glass, stones, etc., before standing on the BOSU® dome.
- 3) Do Not store your BOSU® Balance Trainer in a hot car.
- 4) **IMPORTANT :** Refer to page 9 in the Owner's Manual for detailed inflation instructions.



Important Care & Inflation Instructions

- 1) DO NOT STORE THE BOSU® BALANCE TRAINER IN DIRECT SUNLIGHT (SUCH AS OUTSIDE OR NEAR WINDOWS) OR NEAR HEAT SOURCES. Direct sunlight or excessive heat (like the high temperatures that can occur in the trunk of a car) can cause the inflated dome to deform. Though the product can continue to be used, deformation may cause the original balance traits of the dome to change.
- 2) Avoid contacting the BOSU® Balance Trainer dome with sharp or abrasive objects. Sharp or abrasive objects can puncture the vinyl surface. Always check the soles of your shoes for glass, stones, etc., before standing on the BOSU® dome.
- 3) Do Not store your BOSU® Balance Trainer in a hot car.
- 4) **IMPORTANT :** Refer to page 9 in the Owner's Manual for detailed inflation instructions.