over 100 years of innovation



S1RW rower

- Magnetic Resistance Rowing Machine
- Seat and Rail for Easy Ingress/Egress
- Wireless Heart Rate Receiver with Chest Strap Included
- Padded Rowing Bar with 35" of Seat Travel and 62" of Handle Travel to Accommodate Most User Sizes
- Ultra Smooth, Heavyweight, 13lb Flywheel gives a natural feel and consistent momentum.



SPECIFICATIONS

- 85" Handle Pull Length
- 37" Seat Travel
- 13lbs Flywheel Weight
- Backlit LCD Swivel Display
- Polar® Heart Rate Strap Compatible
- Wireless Heart Rate Strap Included
- Ergonomic, Curved, Padded Handlebar
- 17 Programs
- Electronic & Air Resistance System
- 16 Levels of Electronic Resistance
- Cooling Fan Actuated by Workout
- Plug-in AC Adaptor Required (included)
- Oversized Pedals with Straps
- Transportation Wheels

Residential Warranty

Frame: Lifetime | Motor: Lifetime | Parts: 3 years | Labor: 1 year

Measurements	Max User
	Weight
Dimensions	Length
	Width
	Height

300 lbs. 104.7 lbs. 88.6 in. 22.0 in. 39.0 in.

