

## GETTING STARTED

Before you try your in-line skates always perform the following:

1. Check the tightness of each axle by shaking the wheels. If wheels are loose tighten the axle and bearings.
2. Make sure hardware on each skate is securely tightened.
3. This skate is equipped with a single stopper on the right foot. Inspect this brake occasionally for wear and tightness.
4. Always wear protective gear including helmet, knee and elbow pads, and wrist guards.

## BRAKING

To apply the brake lean forward while tilting the toe of the skate upward to put pressure on the brake while bending your other knee. All beginners should practice braking in a safe environment before hitting the open roads.

Warning! The brake on the in-line skate is designed to stop gradually. Stopping distances may vary depending on the speed and weight of the skater.

**Please note your in-line skates are equipped with only one stopper**

## RULES OF THE ROAD

Always wear protective gear including helmet, knee and elbow pads, and wrist guards. Learn the basics of in-line skating before going out on the open road which include braking and turning. Do not skate on water, oil, sand, debris, or uneven or broken pavement. Avoid areas with traffic. Stay alert and control your speed.

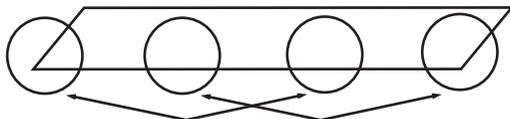
Before skating learn the traffic regulations of the town, city, state where you live or skate.

## MAINTENANCE

The precision bearings in your in-line skates do not need to be greased or oiled. Simply wipe them off regularly with a soft damp cloth. This will increase the durability, performance, and life of the bearings.

Replace worn brakes. Loosen the bolt that runs through the brake housing. Remove the bolt and install new brake. Replace the bolt into the brake housing and tighten securely. Do not over tighten.

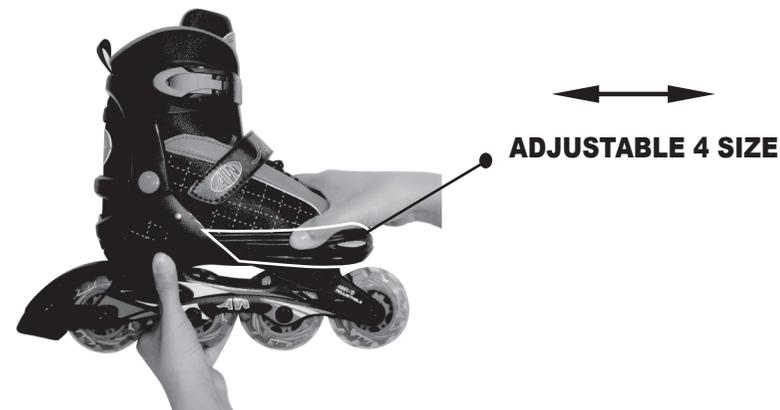
It is good practice to rotate the wheels so they wear evenly. Remove the wheel and rotate 180 degrees, Return the wheel to the chassis and tighten securely. Do not over tighten. The side of the wheel with the least amount of wear should be facing the inside of the skate.



## ADJUSTING THE SKATE

### Step 1

With one hand push the button located on the side of the skate. With the other hand grasp the toe section of the skate. While pushing in the button pull the toe outward until the adjustment clicks into the next size to increase the size of the skate or push the toe inward until the adjustment clicks into the next size to decrease the size of the skate.



### Warning

To prevent injury always wear your protective gear. including helmet, knee and elbow pads and wrist guards (not included)

#### Warning:

- Wear a helmet, elbow pads, knee pads and wrist guards.
- Learn to stop safely.
- Skate on smooth, paved surfaces without any traffic.
- Avoid skating at night.
- Avoid steep hills or inclines.

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