

# WESLO®

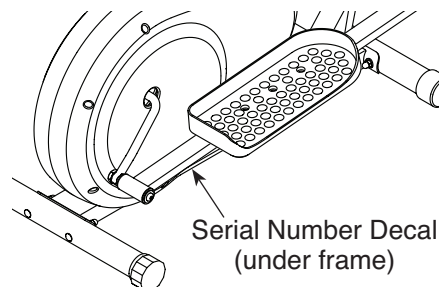
## momentum G 3.4

[www.weslo.com](http://www.weslo.com)

Model No. WLEL81914.0

Serial No. \_\_\_\_\_

Write the serial number in the space above for reference.



### ACTIVATE YOUR WARRANTY

To register your product and activate your warranty today, go to [www.wesloservice.com/registration](http://www.wesloservice.com/registration).

### CUSTOMER CARE

For service at any time, go to [www.wesloservice.com](http://www.wesloservice.com).

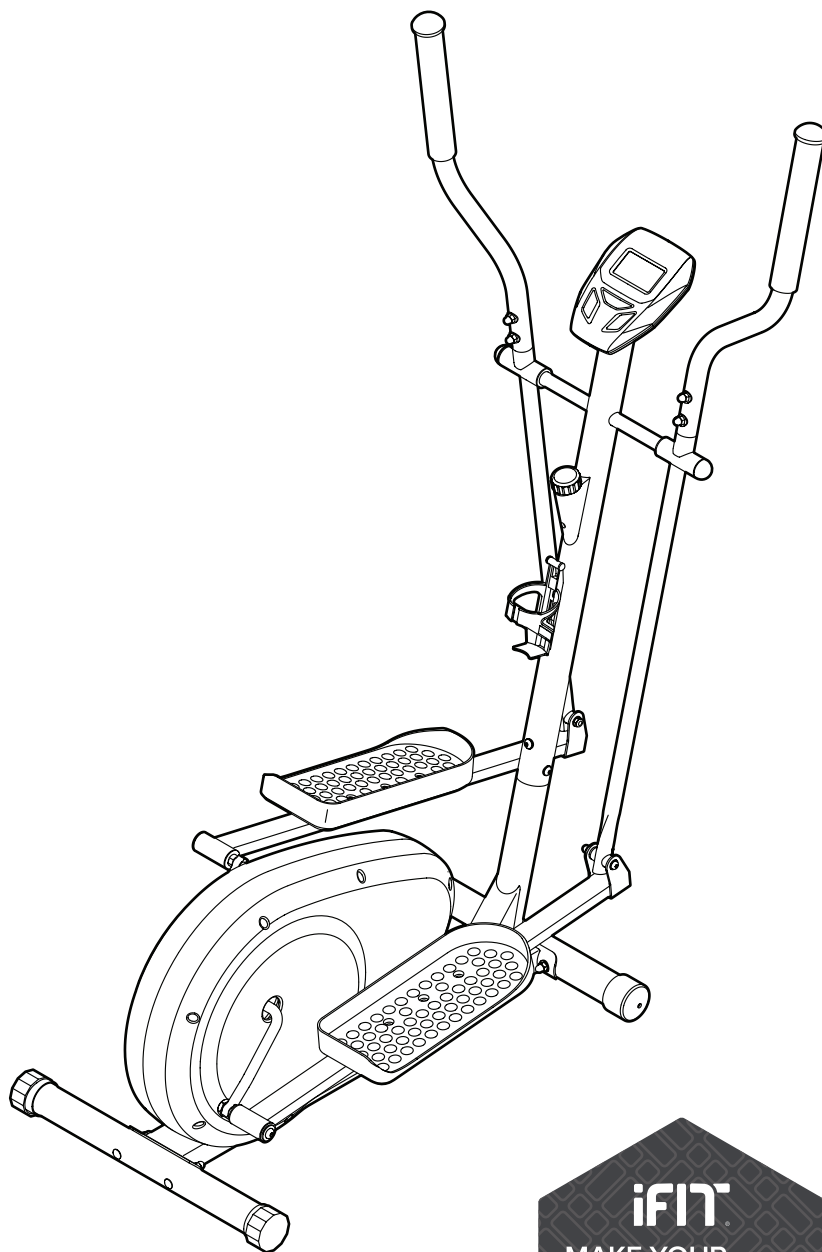
Or call 1-866-699-3756  
Mon.–Fri. 6 a.m.–6 p.m. MT  
Sat. 8 a.m.–12 p.m. MT

**Please do not contact the store.**

### ⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

## USER'S MANUAL

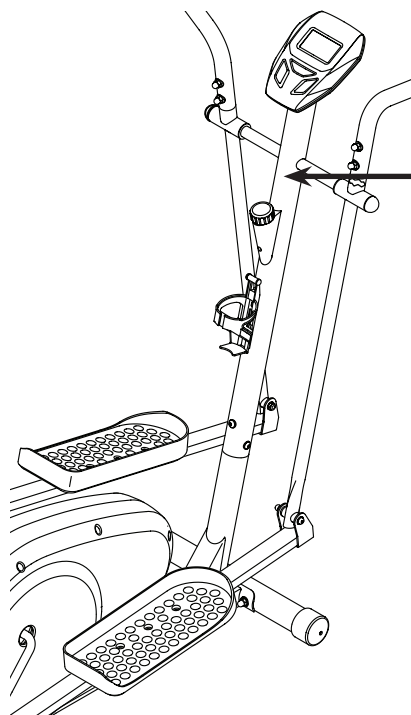


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## WARNING DECAL PLACEMENT

This drawing shows the location(s) of the warning decal(s). **If a decal is missing or illegible, see the front cover of this manual and request a free replacement decal. Apply the decal in the location shown.** Note: The decal(s) may not be shown at actual size.



**WARNING**  
**ADVERTENCIA**

- Misuse of this machine may result in serious injury.
- Read user's manual prior to use and follow all warnings and instructions.
- Do not allow children on or around machine.
- Pedals continue to spin when you stop pedaling.
- Spinning pedals can cause injury.
- Reduce pedal speed in a controlled manner.
- User weight must not exceed 250 pounds.
- Replace label if damaged, illegible, or removed.

- Mal uso de esta máquina puede resultar en graves lesiones.
- Lea el manual del usuario antes del uso y siga todas las precauciones e instrucciones.
- No deje a niños en o alrededor de la máquina.
- Los pedales continúan a girar cuando usted para de empujar a los pedales.
- Los pedales al girar pueden causar heridas.
- Reduzca la velocidad de los pedales en forma controlada.
- El peso del usuario no debe exceder 113 kg.
- Reemplace la calcomanía si está dañada, ilegible, o faltando.

# IMPORTANT PRECAUTIONS

**⚠ WARNING:** To reduce the risk of serious injury, read all important precautions and instructions in this manual and all warnings on your elliptical before using your elliptical. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

1. It is the responsibility of the owner to ensure that all users of the elliptical are adequately informed of all precautions.
2. Before beginning any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.
3. Use the elliptical only as described in this manual.
4. The elliptical is intended for home use only. Do not use the elliptical in a commercial, rental, or institutional setting.
5. Keep the elliptical indoors, away from moisture and dust. Do not put the elliptical in a garage or covered patio, or near water.
6. Place the elliptical on a level surface, with at least 3 ft. (0.9 m) of clearance in the front and rear of the elliptical and 2 ft. (0.6 m) on each side. To protect the floor or carpet from damage, place a mat under the elliptical.
7. Inspect and properly tighten all parts regularly. Replace any worn parts immediately.
8. Keep children under age 12 and pets away from the elliptical at all times.
9. The elliptical should not be used by persons weighing more than 250 lbs. (113 kg).
10. Wear appropriate clothes while exercising; do not wear loose clothes that could become caught on the elliptical. Always wear athletic shoes for foot protection while exercising.
11. Hold the handlebars or the upper body arms when mounting, dismounting, or using the elliptical.
12. The elliptical does not have a freewheel; the pedals will continue to move until the fly-wheel stops. Reduce your pedaling speed in a controlled way.
13. Keep your back straight while using the elliptical; do not arch your back.
14. Over exercising may result in serious injury or death. If you feel faint, if you become short of breath, or if you experience pain while exercising, stop immediately and cool down.

# PROTECT

YOUR FITNESS EQUIPMENT  
WITH AN EXTENDED SERVICE PLAN



Your new fitness equipment is not an ordinary purchase; it is an investment in your health and well being for years to come.

As the leading provider of manufacturer's extended service plans, ICON strives to protect your equipment and your future.

Please review the following service plans and find one that best fits your needs.

## PREVENTIVE MAINTENANCE SERVICE PLANS

Equipment Price	3-Year Plan	5-Year Plan
\$0.00 to \$1000.00	\$199.99	\$289.99
\$1001.00 to \$1500.00	\$259.99	\$379.99
\$1501.00 to \$2500.00	\$339.99	\$489.99
(Bikes/Systems Only) \$0.00 to \$2500.00	\$139.99	NA

### Features:

- Includes an annual preventive maintenance and performance check at your convenience
- Unlimited in-home repairs; no shipping required
- Covers parts and labor on all manufacturer's defects, as well as wear and tear on parts
- Up to 5 years of coverage available

## STANDARD SERVICE PLANS

Equipment Price	1-Year Plan	2-Year Plan	3-Year Plan
\$0.00 to \$300.00	\$29.99	\$39.99	\$59.99
\$301.00 to \$1000.00	\$89.99	\$119.99	\$149.99
\$1001.00 to \$2000.00	\$109.99	\$139.99	\$179.99
\$2001.00 to \$3000.00	\$179.99	\$209.99	\$239.99

### Features:

- Unlimited in-home repairs; no shipping required
- Covers parts and labor on all manufacturer's defects, as well as wear and tear on parts
- Up to 3 years of coverage available

To protect your fitness equipment today, please  
call Customer Care at **1-800-677-3838.**  
Or, visit us online at **www.utserv.com.**



# BEFORE YOU BEGIN

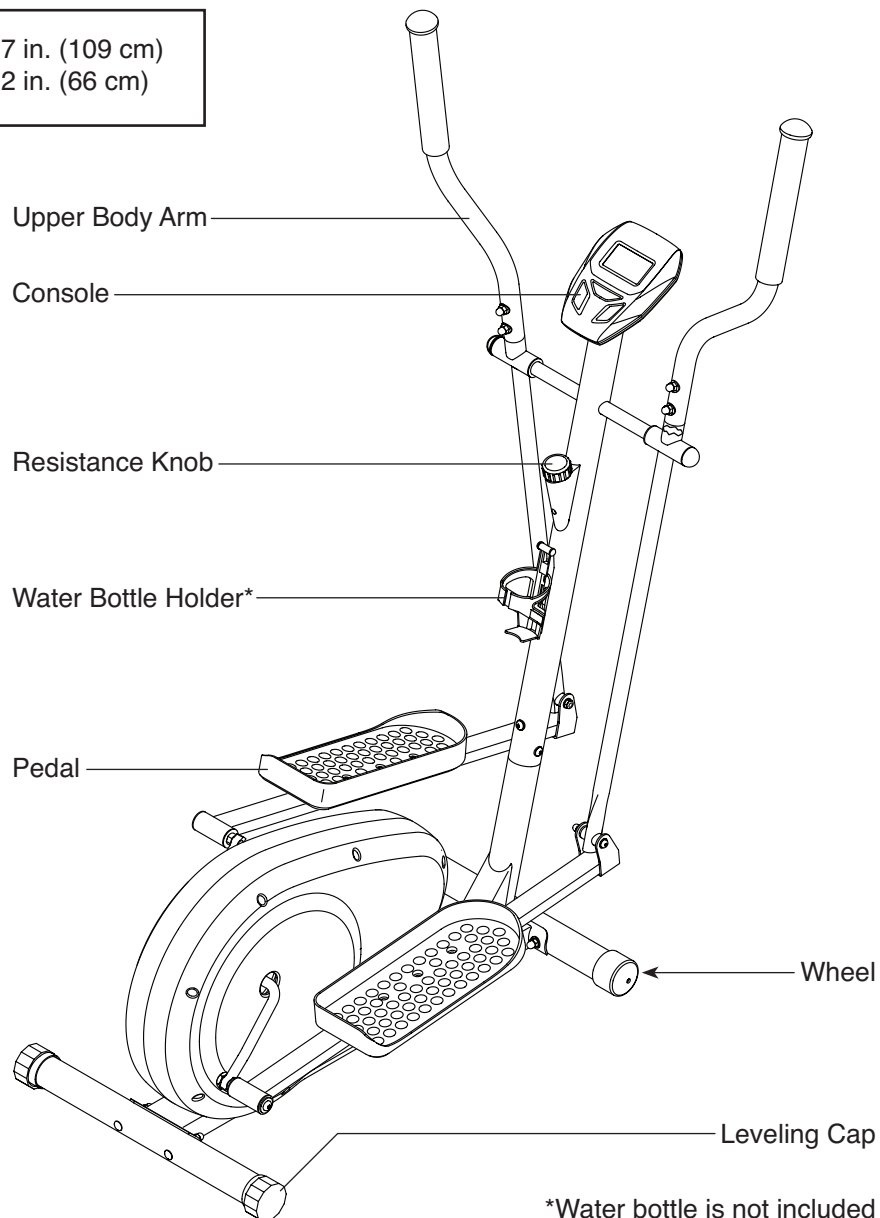
Thank you for selecting the revolutionary WESLO® MOMENTUM G 3.4 elliptical. The MOMENTUM G 3.4 elliptical provides an impressive selection of features designed to make your workouts at home more effective and enjoyable.

**For your benefit, read this manual carefully before you use the elliptical.** If you have questions after

reading this manual, please see the front cover of this manual. To help us assist you, note the product model number and serial number before contacting us. The model number and the location of the serial number decal are shown on the front cover of this manual.

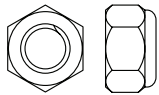
Before reading further, please familiarize yourself with the parts that are labeled in the drawing below.

Length: 3 ft. 7 in. (109 cm)  
Width: 2 ft. 2 in. (66 cm)

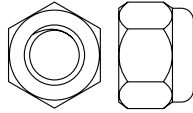


# PART IDENTIFICATION CHART

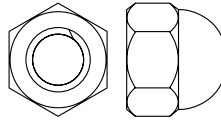
Use the drawings below to identify the small parts needed for assembly. The number in parentheses below each drawing is the key number of the part, from the PART LIST near the end of this manual. The number following the key number is the quantity needed for assembly. **Note: If a part is not in the hardware kit, check to see if it has been preassembled. Extra parts may be included.**



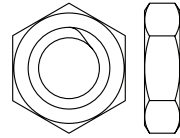
M6 Locknut  
(39)–6



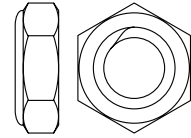
M8 Locknut  
(29)–2



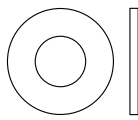
M8 Acorn  
Nut (59)–8



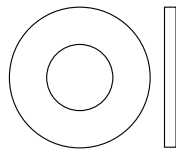
M17 Left Nut  
(47)–1



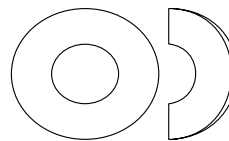
M17 Right Nut  
(52)–1



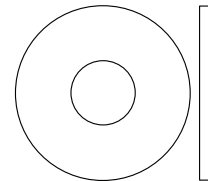
M6 Washer  
(62)–12



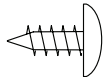
M8 Washer  
(53)–4



M8 Curved  
Washer (14)–12



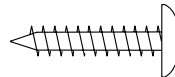
M8 Large  
Washer (27)–2



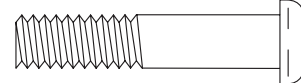
M5 x 10mm  
Screw (2)–4



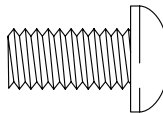
M5 x 14mm  
Screw (35)–1



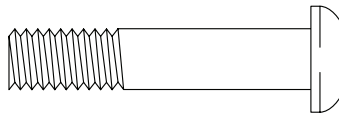
M5 x 20mm  
Screw (12)–2



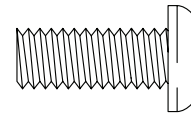
M6 x 35mm Bolt  
(63)–6



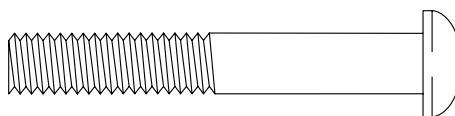
M8 x 16mm  
Screw (15)–4



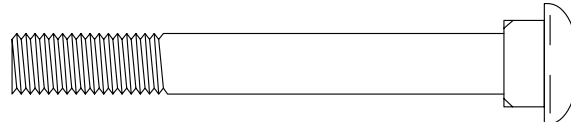
M8 x 40mm Bolt  
(60)–4



M8 x 20mm  
Screw (28)–2



M8 x 55mm Bolt  
(61)–2

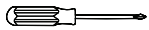





M8 x 65mm  
Carriage Bolt (57)–4

# ASSEMBLY

- To hire an authorized service technician to assemble this product, call 1-800-445-2480.
- Assembly requires two persons.
- Place all parts in a cleared area and remove the packing materials. Do not dispose of the packing materials until you finish assembly.
- Left parts are marked “L” or “Left” and right parts are marked “R” or “Right.”
- To identify small parts, see page 6.

- In addition to the included tool(s), assembly requires the following tools:

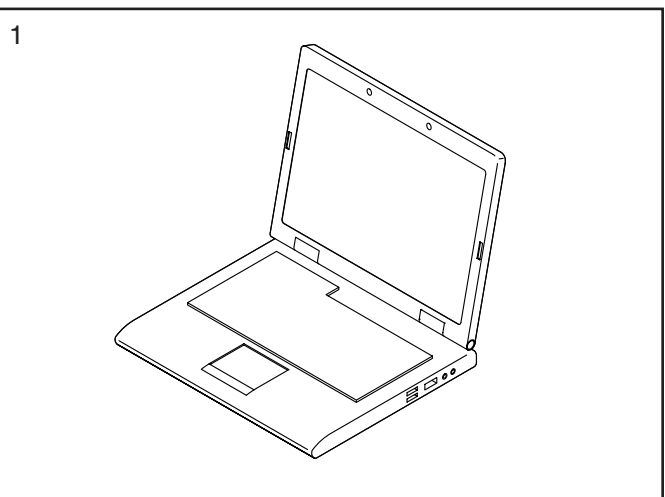
one Phillips screwdriver	
one adjustable wrench	
one pair of pliers	
one rubber mallet	

Assembly may be easier if you have a set of wrenches. To avoid damaging parts, do not use power tools.

## 1. Go to [www.wesloservice.com/registration](http://www.wesloservice.com/registration) on your computer and register your product.

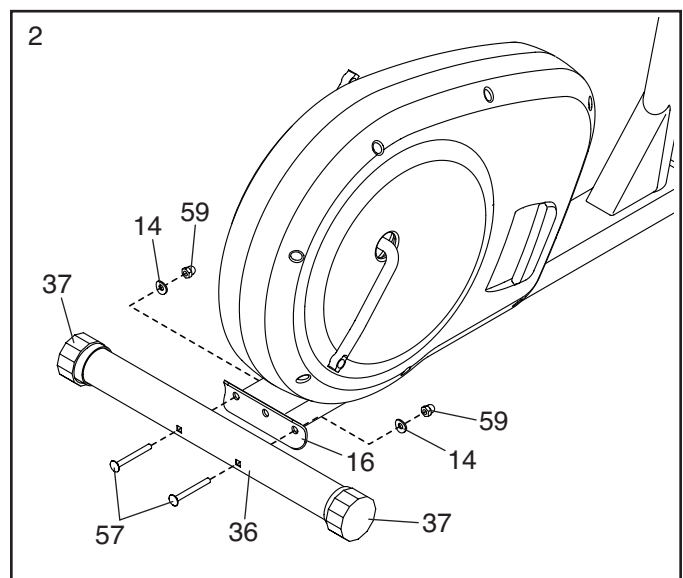
- activates your warranty
- saves you time if you ever need to contact Customer Care
- allows us to notify you of upgrades and offers

Note: If you do not have Internet access, call Customer Care (see the front cover of this manual) and register your product.

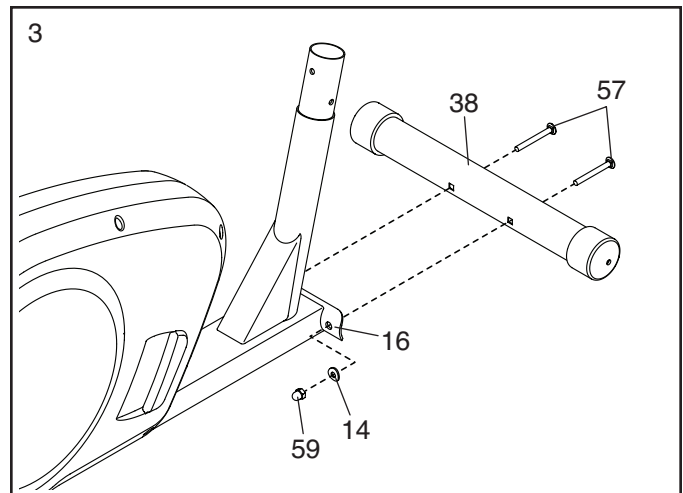


## 2. Identify the Rear Stabilizer (36), which has Leveling Caps (37).

Attach the Rear Stabilizer (36) to the Frame (16) with two M8 x 65mm Carriage Bolts (57), two M8 Curved Washers (14), and two M8 Acorn Nuts (59); **start both Carriage Bolts, and then tighten the Acorn Nuts.**

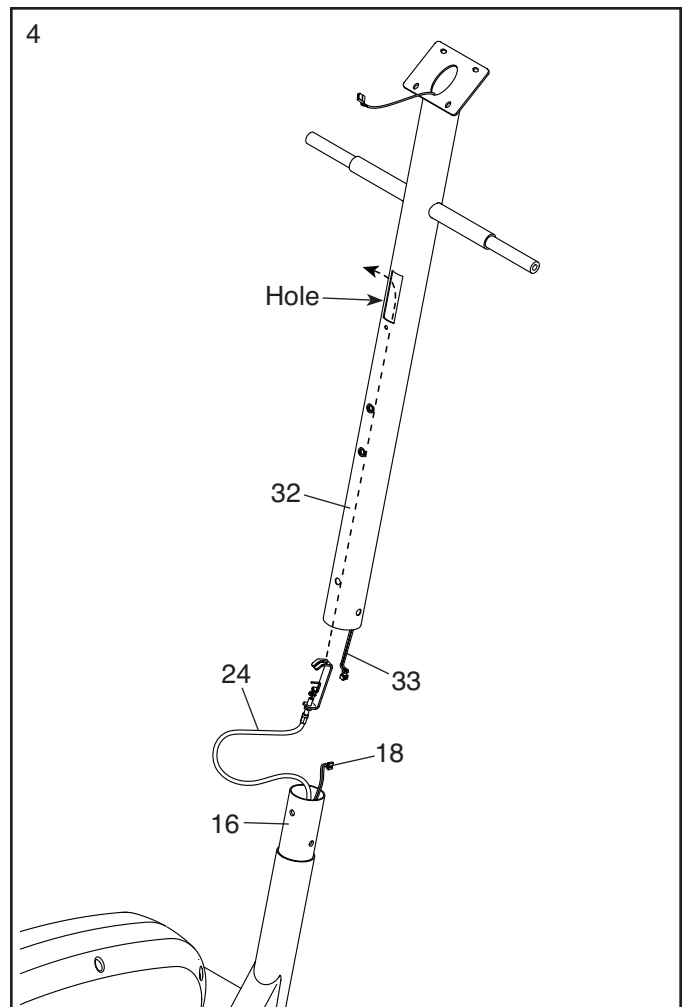


3. Attach the Front Stabilizer (38) to the Frame (16) with two M8 x 65mm Carriage Bolts (57), two M8 Curved Washers (14), and two M8 Acorn Nuts (59) (only one side is shown); **start both Carriage Bolts, and then tighten the Acorn Nuts.**



4. While a second person holds the Upright (32) near the Frame (16), connect the Upright Wire (33) to the Reed Switch Wire (18).

Next, push the Lower Resistance Cable (24) upward into the Upright (32), and then pull the end of the Lower Resistance Cable out of the indicated hole.

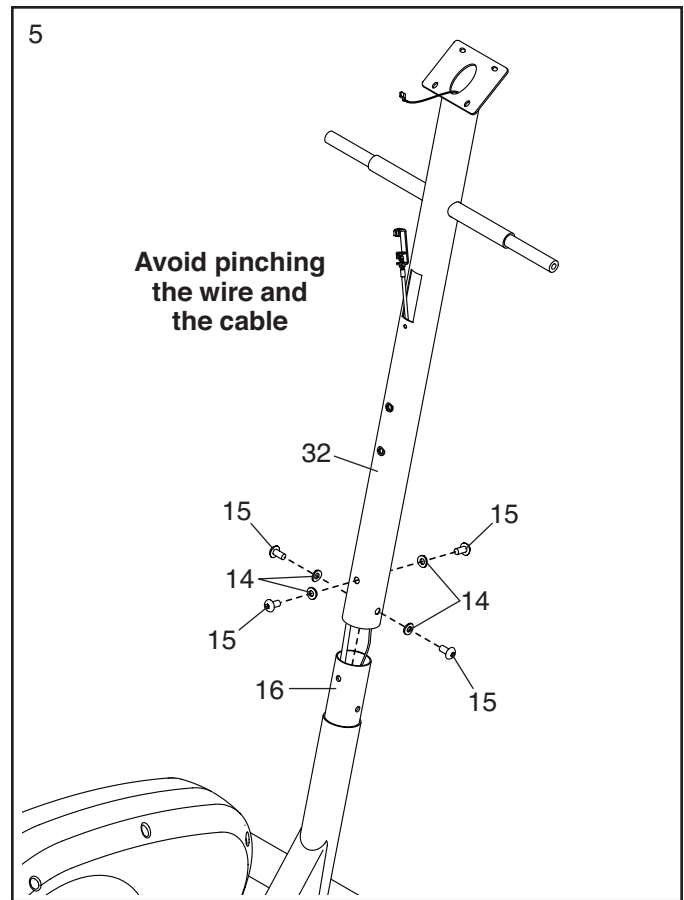




5. Insert the excess wire and cable into the Frame (16).

**Tip: Avoid pinching the wire and the cable.**  
Slide the Upright (32) onto the Frame (16).

Attach the Upright (32) with four M8 x 16mm Screws (15) and four M8 Curved Washers (14); **start all the Screws, and then tighten them.**



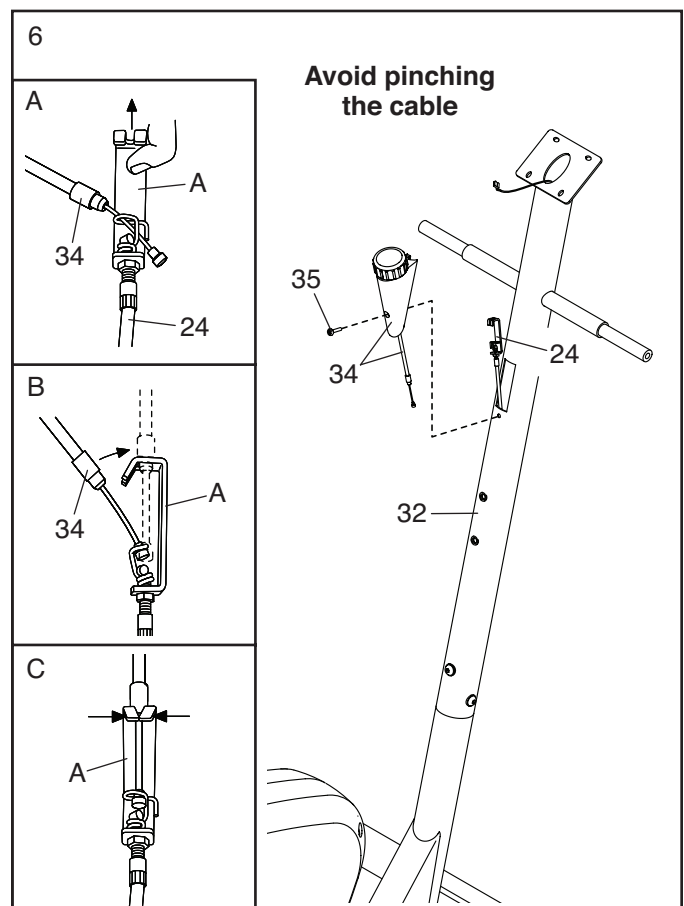
6. Connect the Resistance Cable (34) to the Lower Resistance Cable (24) in the following way:

**See drawing A.** Pull upward on the metal bracket (A) on the Lower Resistance Cable (24), and insert the tip of the Resistance Cable (34) into the wire clip inside the metal bracket.

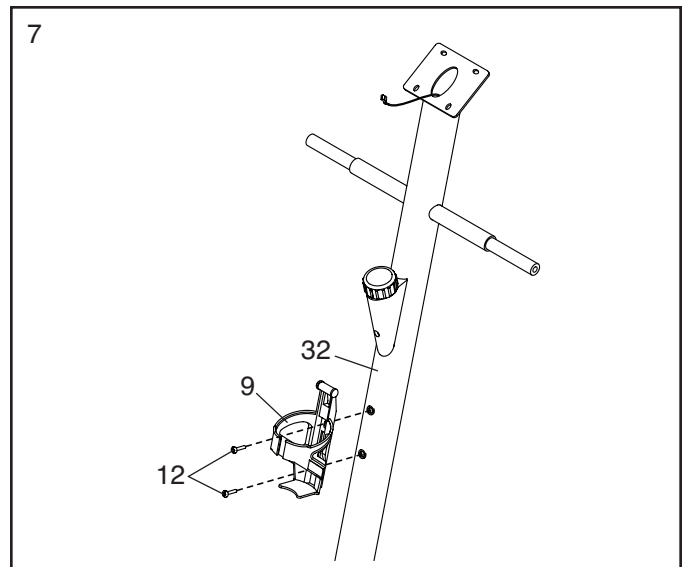
**See drawing B.** Firmly pull the Resistance Cable (34) upward and slide it into the top of the metal bracket (A).

**See drawing C.** Using pliers, squeeze the prongs on the upper end of the metal bracket (A) together.

Then, attach the Resistance Control (34) to the Upright (32) with an M5 x 14mm Screw (35).



7. Attach the Water Bottle Holder (9) to the Upright (32) with two M5 x 20mm Screws (12); **start both Screws, and then tighten them.**



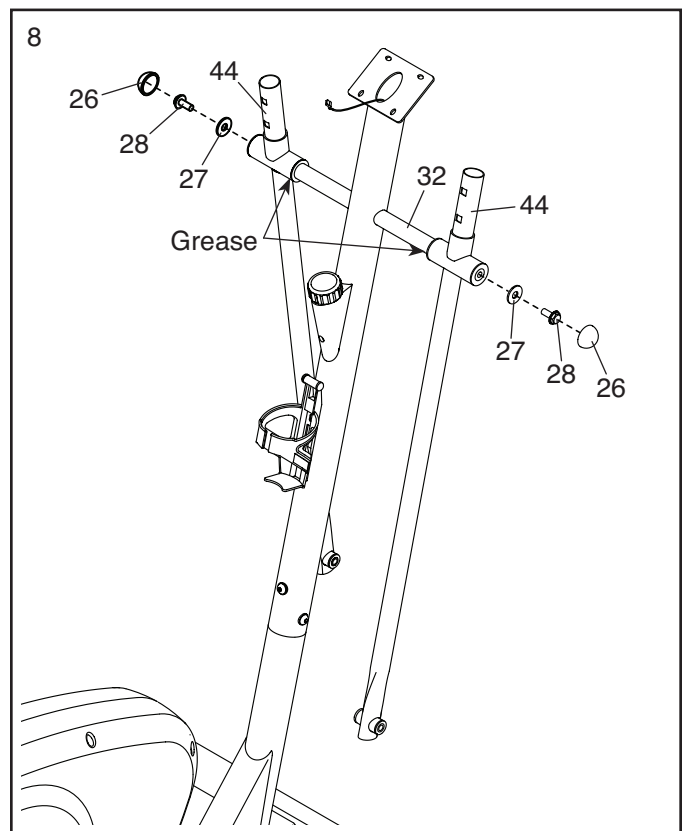
8. Using a plastic bag to keep your hands clean, apply a generous amount of the included grease to the right axle on the Upright (32).

Next, orient an Upper Body Leg (44) as shown and slide it onto the right axle on the Upright (32).

Attach the Upper Body Leg (44) with an M8 x 20mm Screw (28) and an M8 Large Washer (27).

**Attach the other Upper Body Leg (44) in the same way.**

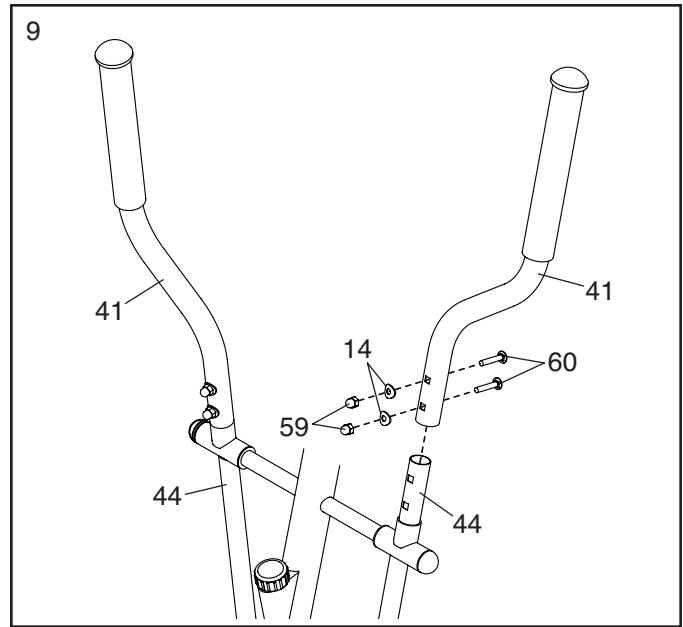
Then, press a Pivot Cap (26) firmly onto each M8 x 20mm Screw (28).



9. Orient an Upper Body Arm (41) as shown and slide it onto the right Upper Body Leg (44).

Attach the Upper Body Arm (41) with two M8 x 40mm Bolts (60), two M8 Curved Washers (14) and two M8 Acorn Nuts (59); **start both Bolts, and then tighten the Acorn Nuts.**

**Attach the other Upper Body Arm (41) to the other Upper Body Leg (44) in the same way.**

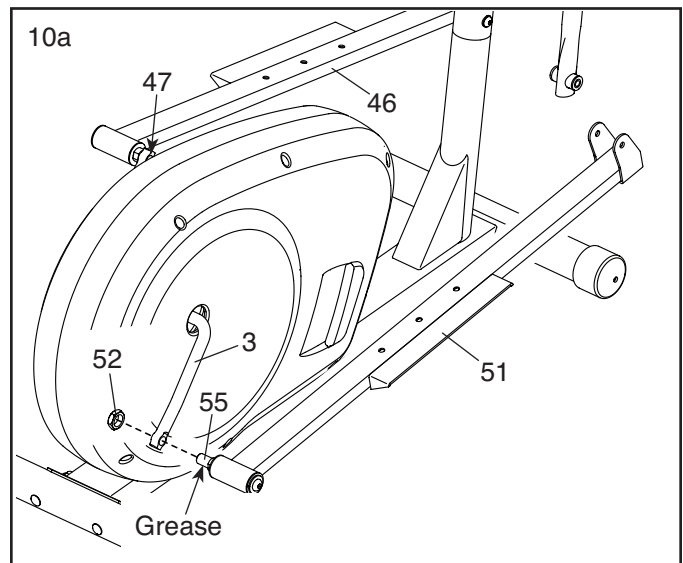


10. **See drawing 10a.** Identify the Right Pedal Arm (51) and orient it as shown.

Next, apply grease to the Right Pedal Arm Axle (55).

Insert the Right Pedal Arm Axle (55) into the right arm of the Crank (3), and **firmly tighten** the M17 Right Nut (52) **clockwise** onto it.

**Repeat this procedure to attach the Left Pedal Arm (46) with the M17 Left Nut (47).**  
**IMPORTANT: You must firmly tighten the Left Nut counterclockwise to attach it.**

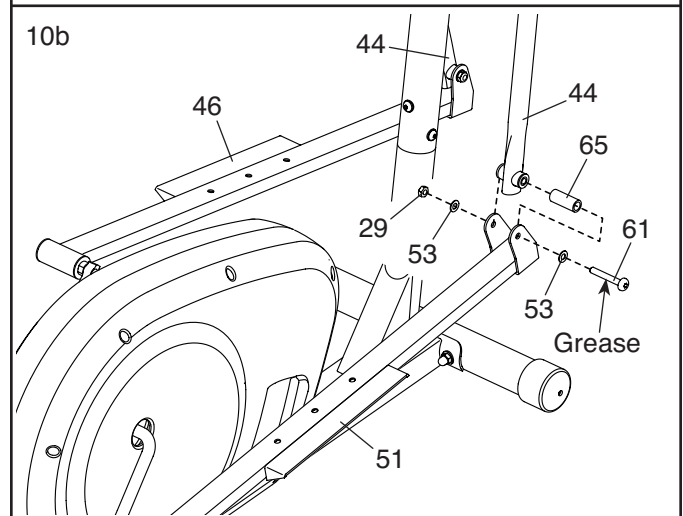


**See drawing 10b.** Insert a Spacer (65) into the lower end of the right Upper Body Leg (44).

Next, apply grease to an M8 x 55mm Bolt (61).

Attach the right Upper Body Leg (44) to the Right Pedal Arm (51) with the M8 x 55mm Bolt (61), two M8 Washers (53), and an M8 Locknut (29).

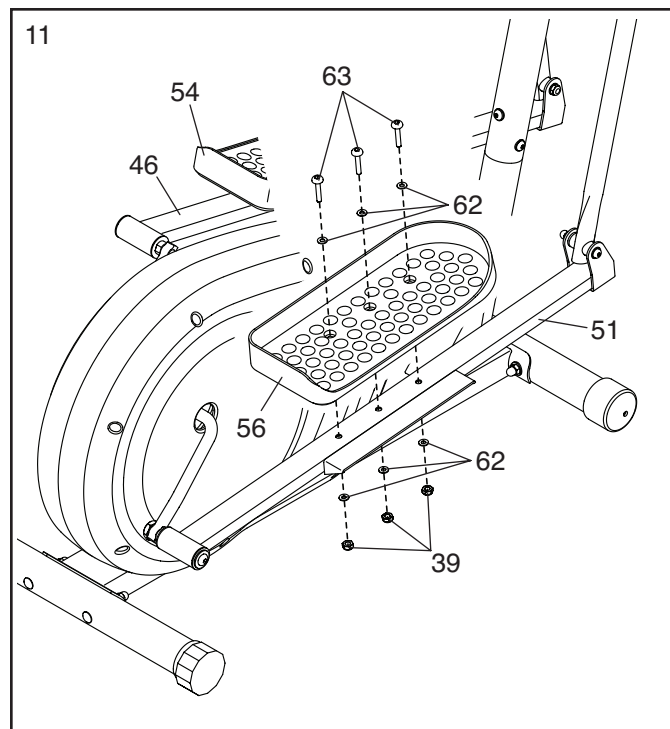
**Attach the Left Pedal Arm (46) to the left Upper Body Leg (44) in the same way.**



11. Identify the Right Pedal (56) and orient it as shown.

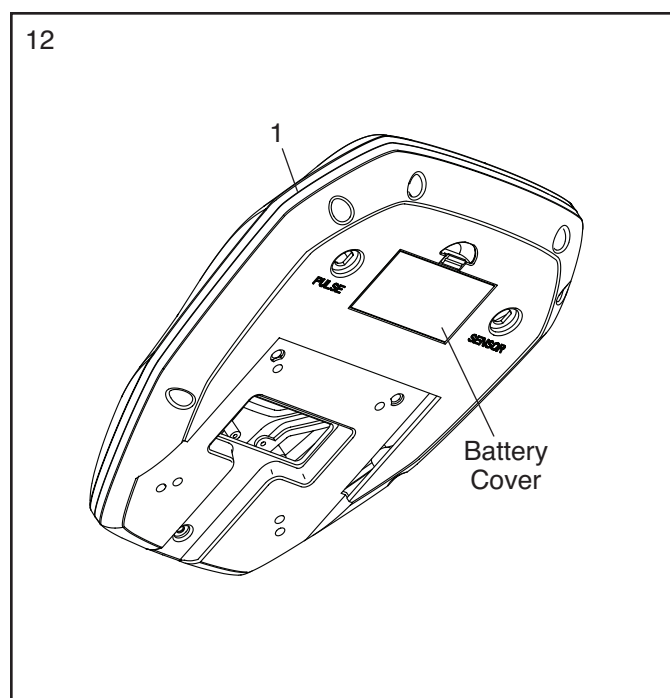
Attach the Right Pedal (56) to the Right Pedal Arm (51) with three M6 x 35mm Bolts (63), six M6 Washers (62), and three M6 Locknuts (39).

**Attach the Left Pedal (54) to the Left Pedal Arm (46) in the same way.**



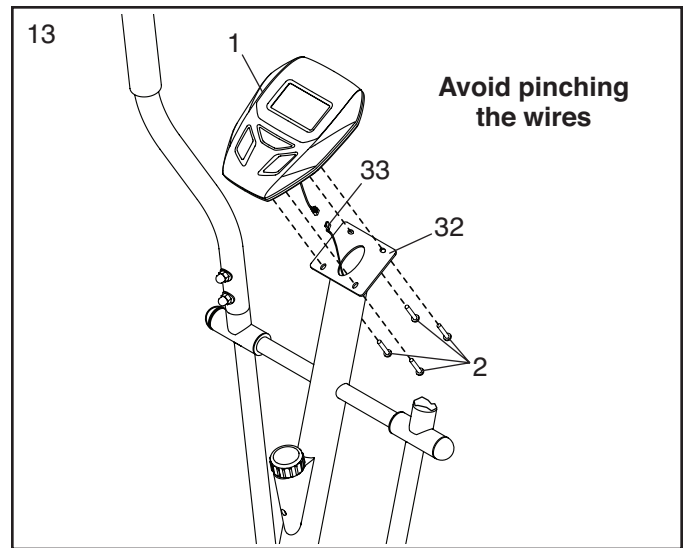
12. The Console (1) can use two AA batteries (not included); alkaline batteries are recommended. Do not use old and new batteries together or alkaline, standard, and rechargeable batteries together. **IMPORTANT: If the Console has been exposed to cold temperatures, allow it to warm to room temperature before you insert batteries. Otherwise, you may damage the console displays or other electronic components.**

Remove the battery cover from the back of the Console (1), and insert batteries into the battery compartment. **Make sure to orient the batteries as shown by the diagram inside the battery compartment.** Then, reattach the battery cover.



13. While a second person holds the Console (1) near the Upright (32), connect the wire on the Console to the Upright Wire (33).

**Tip: Avoid pinching the wires.** Attach the Console (1) to the Upright (32) with four M5 x 10mm Screws (2); **start all the Screws, and then tighten them.**

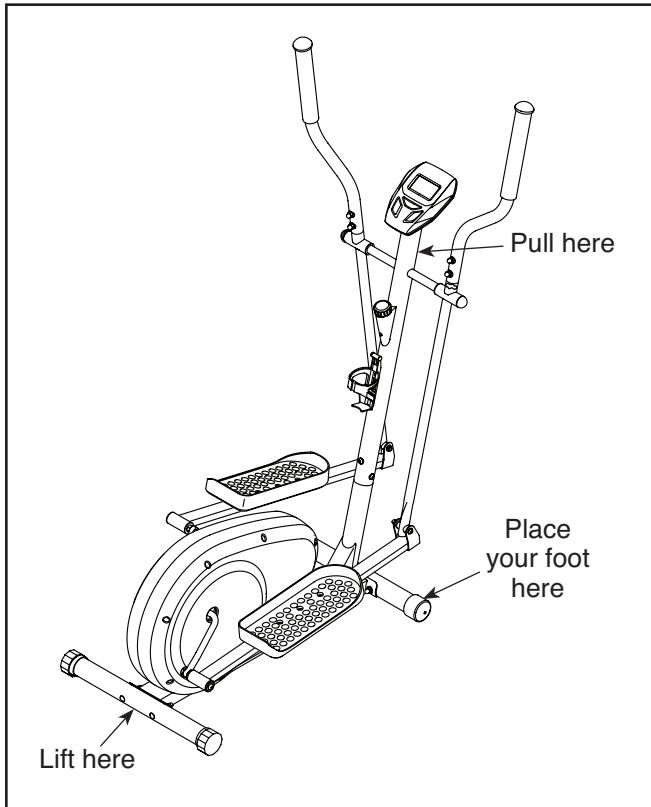


14. **Make sure that all parts of the elliptical are properly tightened.** Extra parts may be included. Place a mat under the elliptical to protect the floor.

# HOW TO USE THE ELLIPTICAL

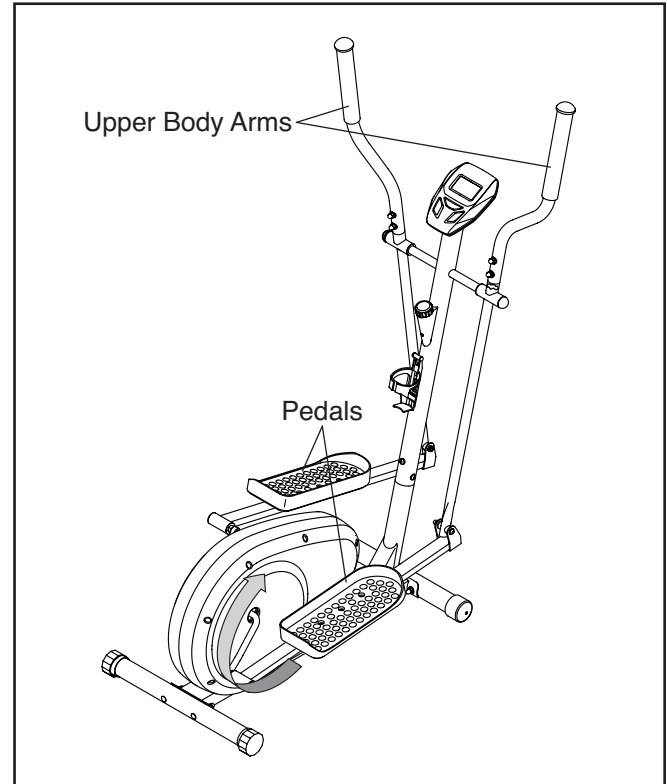
## HOW TO MOVE THE ELLIPTICAL

Due to the size and weight of the elliptical, moving it requires two persons. Stand in front of the elliptical, hold the upright, and place one foot against one of the front stabilizer caps. Pull on the upright and have a second person lift the rear stabilizer until the elliptical will roll on the front stabilizer caps. Carefully move the elliptical to the desired location, and then lower it to the floor.



## HOW TO USE THE ELLIPTICAL

To mount the elliptical in the elliptical mode, hold the upper body arms and step onto the pedal that is in the lower position. Then, step onto the other pedal.



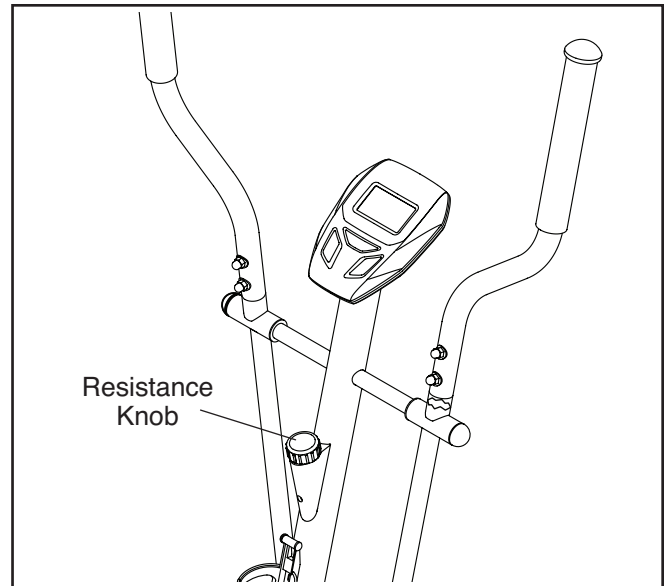
Push the pedals until they begin to move with a continuous motion. **Note: The pedals can turn in either direction. It is recommended that you move the pedals in the direction shown by the arrow; however, for variety, you can turn the pedals in the opposite direction.**

To dismount the elliptical, wait until the pedals come to a complete stop. **Note: The elliptical does not have a free wheel; the pedals will continue to move until the flywheel stops.** When the pedals are stationary, step off the higher pedal first. Then, step off the lower pedal.

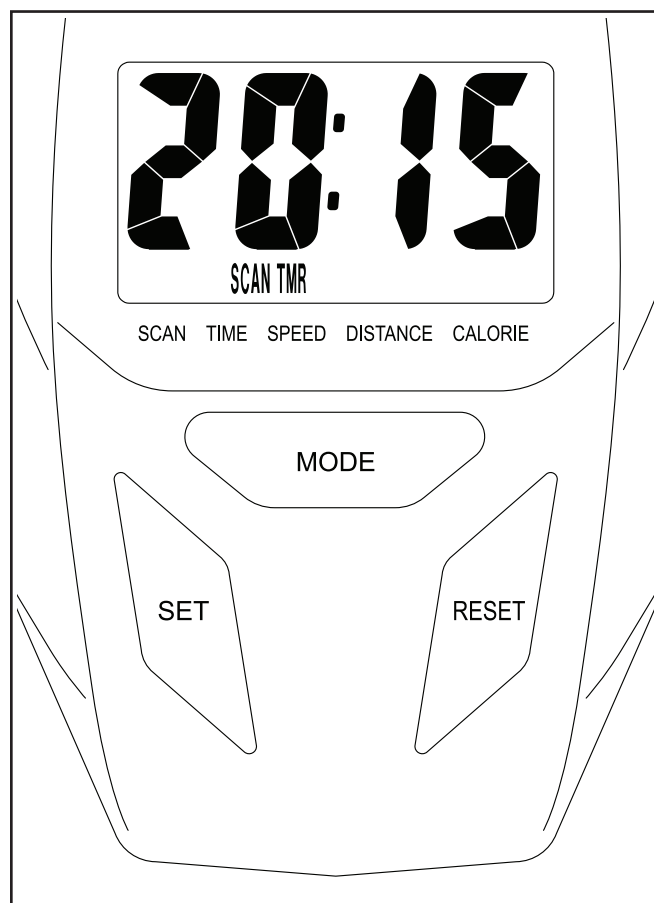
## HOW TO ADJUST THE PEDALING RESISTANCE

**To increase the resistance of the pedals**, turn the resistance knob clockwise; **to decrease the resistance**, turn the knob counterclockwise.

**IMPORTANT:** Stop turning the knob when turning becomes difficult, or damage may result.



## CONSOLE DIAGRAM



## FEATURES OF THE CONSOLE

The easy-to-use console features five modes that provide instant exercise feedback during your workouts.

**Scan (SCAN)**—This mode displays the time, speed, distance, and calorie modes, for a few seconds each, in a repeating cycle.

**Time (TMR)**—This mode displays the elapsed time. Note: If you set a time goal (see step 2 on page 17), this display will show the time remaining in your workout.

**Speed (SPD)**—This mode displays your pedaling speed, in miles per hour.

**Distance (DST)**—This mode displays the distance you have pedaled during your workout, in miles. Note: If you set a distance goal (see step 2 on page 17), this display will show the distance remaining in your workout.

**Calorie (CAL)**—This mode displays the approximate number of calories you have burned during your workout. Note: If you set a calorie-burning goal (see step 2 on page 17), this display will show the number of calories yet to be burned in your workout.



## HOW TO USE THE CONSOLE

Make sure that batteries (not included) are installed in the console (see assembly step 12 on page 12). If there is a sheet of plastic on the console, remove the plastic.

### 1. Turn on the console.

To turn on the console, press any button on the console or simply begin pedaling.

### 2. Set a workout goal if desired.

To set a time, distance, or calorie-burning goal for your workout, press the MODE button repeatedly until the word TMR, DST, or CAL, appears in the display. **Make sure that the word SCAN does not appear in the display.**

Next, press the SET button repeatedly to set a goal. To set a goal quickly, hold down the SET button. To reset the goal, press the RESET button.

### 3. Begin pedaling and follow your progress with the displays.

**Scan mode**—To select the scan mode, press the MODE button repeatedly until the word SCAN appears in the display.

**Time, speed, distance, or calorie mode**—To select one of these modes for continuous display, press the MODE button repeatedly until the name of the desired mode appears in the display. Make sure that the word SCAN does not appear in the display.

As you exercise, the console will provide instant feedback about your workout.

### 4. When you are finished exercising, the console will turn off automatically.

If the pedals do not move for a few seconds, the console will pause.

The console has an auto-off feature. If the pedals do not move and the console buttons are not pressed for a few minutes, the power will turn off automatically to save the batteries.

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## FCC INFORMATION

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**FCC CAUTION: To assure continued compliance, use only shielded interface cables when connecting to computer or peripheral devices. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.**

# MAINTENANCE AND TROUBLESHOOTING

## MAINTENANCE

Inspect and tighten all parts of the elliptical regularly. Replace any worn parts immediately.

To clean the elliptical, use a damp cloth and a small amount of mild soap. **IMPORTANT: To avoid damage to the console, keep liquids away from the console and keep the console out of direct sunlight.**

## CONSOLE TROUBLESHOOTING

Most console problems are the result of low batteries. See assembly step 12 on page 12 for replacement instructions.

## HOW TO ADJUST THE REED SWITCH

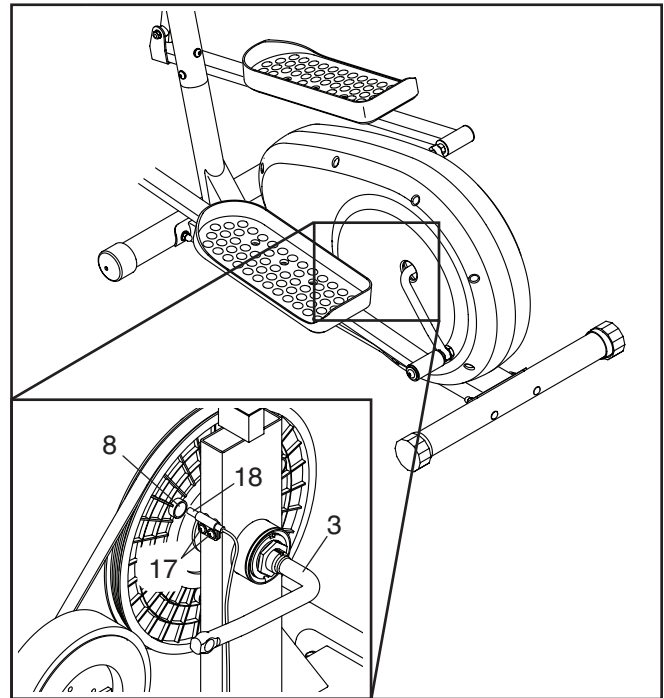
If the console does not display correct feedback, the reed switch should be adjusted.

To adjust the reed switch, first turn the resistance knob to the lowest setting.

Next, **see assembly step 10 on page 11** and remove the Left Pedal Arm (46) from the left Upper Body Leg (44) and the left side of the Crank (3).

Then, **see the EXPLODED DRAWING on page 23**. Remove the M4 x 50mm Screws (22) and the M5 x 16mm Screws (23) from the Left and Right Shields (20, 21); **note which size of Screw you remove from each hole**. Then, gently remove the Left Shield.

Locate the Reed Switch (18). Turn the Crank (3) until a Magnet (8) is aligned with the Reed Switch.



Next, loosen, but do not remove, the two M4 x 10mm Screws (17). Slide the Reed Switch (18) slightly closer to or away from the Magnet (8). Then, retighten the two Screws. Turn the Crank (3) for a moment.

Repeat these actions until the console displays correct feedback. When the reed switch is correctly adjusted, reattach the left shield and the left pedal arm.

## HOW TO ADJUST THE DRIVE BELT

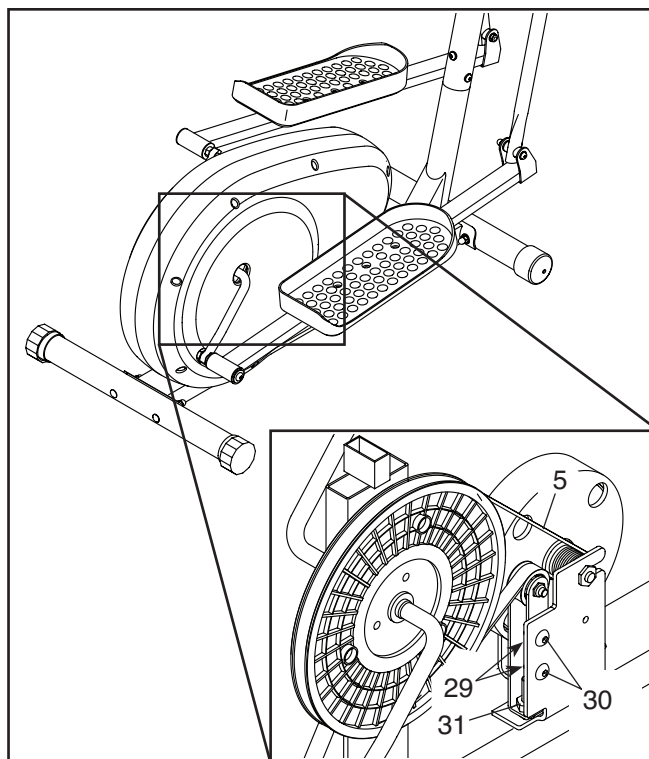
If you can feel the pedals slip while you are pedaling, even when the resistance is at the highest level, the drive belt may need to be adjusted.

To adjust the drive belt, first **see assembly step 10 on page 11** and remove the Right Pedal Arm (51) from the right Upper Body Leg (44) and the right side of the Crank (3).

Next, **see the EXPLODED DRAWING on page 23**. Remove the M4 x 50mm Screws (22) and the M5 x 16mm Screws (23) from the Left and Right Shields (20, 21); **note which size of Screw you remove from each hole**. Then, gently remove the Right Shield.

Loosen the two M8 Locknuts (29) on the two M8 x 16mm Bolts (30). Then, tighten the M10 x 35mm Screw (31) until the Drive Belt (5) is tight. When the Drive Belt is tight, tighten the two Locknuts.

Then, reattach the right shield and the right pedal arm.



# EXERCISE GUIDELINES

**⚠ WARNING:** Before beginning this or any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.

These guidelines will help you to plan your exercise program. For detailed exercise information, obtain a reputable book or consult your physician. Remember, proper nutrition and adequate rest are essential for successful results.

## EXERCISE INTENSITY

Whether your goal is to burn fat or to strengthen your cardiovascular system, exercising at the proper intensity is the key to achieving results. You can use your heart rate as a guide to find the proper intensity level. The chart below shows recommended heart rates for fat burning and aerobic exercise.

165	155	145	140	130	125	115	♥
145	138	130	125	118	110	103	♥
125	120	115	110	105	95	90	♥
20	30	40	50	60	70	80	

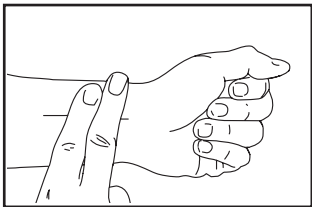
To find the proper intensity level, find your age at the bottom of the chart (ages are rounded off to the nearest ten years). The three numbers listed above your age define your “training zone.” The lowest number is the heart rate for fat burning, the middle number is the heart rate for maximum fat burning, and the highest number is the heart rate for aerobic exercise.

**Burning Fat**—To burn fat effectively, you must exercise at a low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses carbohydrate calories for energy. Only after the first few minutes of exercise does your body begin to use stored fat calories for energy. If your goal is to burn fat, adjust the intensity of your exercise until your heart rate is near the lowest number in your training zone. For maximum fat burning, exercise with your heart rate near the middle number in your training zone.

**Aerobic Exercise**—If your goal is to strengthen your cardiovascular system, you must perform aerobic exercise, which is activity that requires large amounts of oxygen for prolonged periods of time. For aerobic exercise, adjust the intensity of your exercise until your heart rate is near the highest number in your training zone.

## HOW TO MEASURE YOUR HEART RATE

To measure your heart rate, exercise for at least four minutes. Then, stop exercising and place two fingers on your wrist as shown. Take a six-second heartbeat count, and multiply the result by 10 to find your heart rate. For example, if your six-second heartbeat count is 14, your heart rate is 140 beats per minute.



## WORKOUT GUIDELINES

**Warming Up**—Start with 5 to 10 minutes of stretching and light exercise. A warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.

**Training Zone Exercise**—Exercise for 20 to 30 minutes with your heart rate in your training zone. (During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise; never hold your breath.

**Cooling Down**—Finish with 5 to 10 minutes of stretching. Stretching increases the flexibility of your muscles and helps to prevent post-exercise problems.

## EXERCISE FREQUENCY

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

# PART LIST

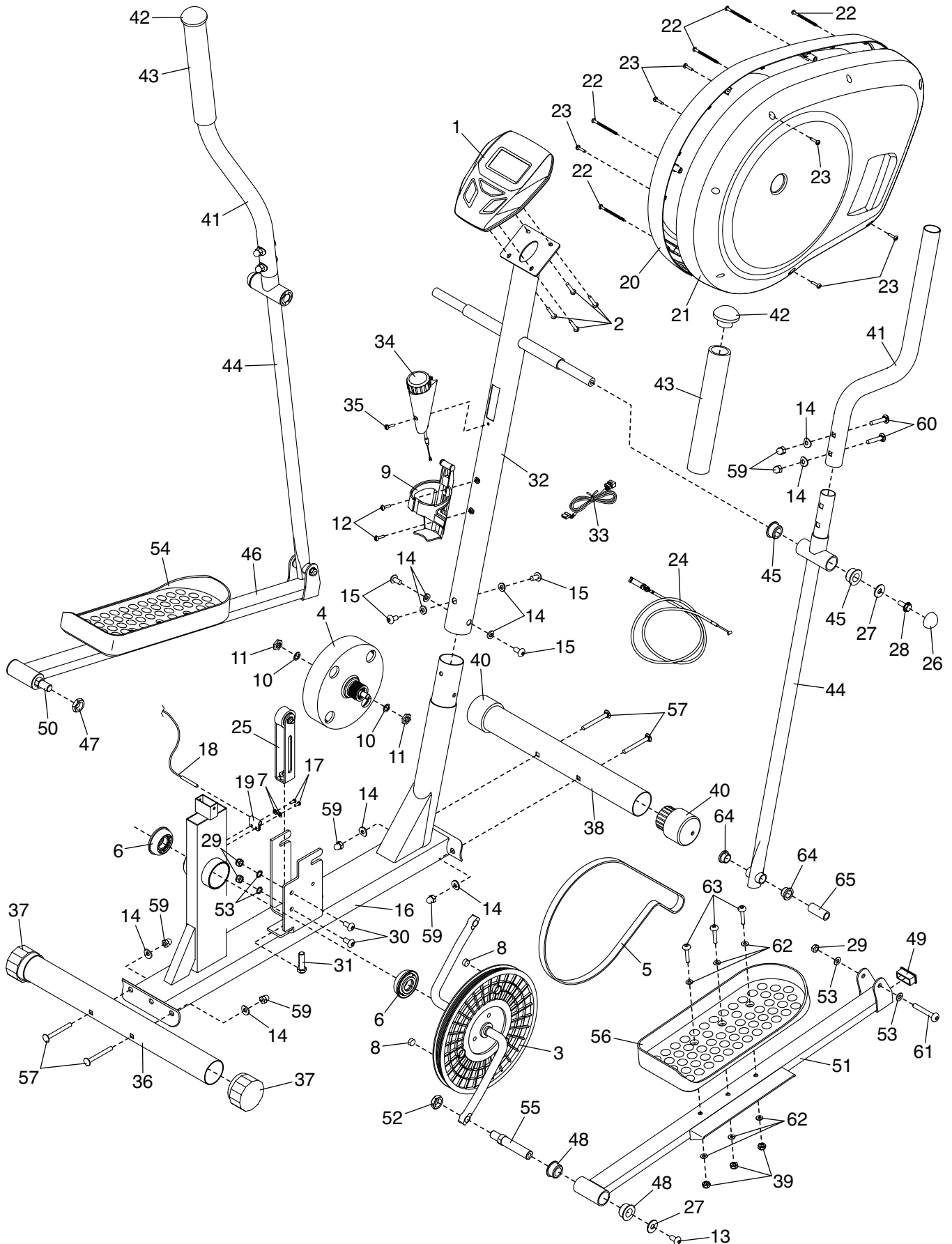
Model No. WLEL81914.0 R1115A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Console	35	1	M5 x 14mm Screw
2	4	M5 x 10mm Screw	36	1	Rear Stabilizer
3	1	Crank/Pulley	37	2	Leveling Cap
4	1	Eddy Mechanism	38	1	Front Stabilizer
5	1	Drive Belt	39	6	M6 Locknut
6	1	Bearing Assembly	40	2	Front Stabilizer Cap/Wheel
7	2	M4 Washer	41	2	Upper Body Arm
8	2	Magnet	42	2	Upper Body Arm Cap
9	1	Water Bottle Holder	43	2	Grip
10	2	M10 Washer	44	2	Upper Body Leg
11	2	M10 Jam Nut	45	4	Large Leg Bushing
12	2	M5 x 20mm Screw	46	1	Left Pedal Arm
13	2	M8 x 16mm Patch Screw	47	1	M17 Left Nut
14	12	M8 Curved Washer	48	4	Arm Bushing
15	4	M8 x 16mm Screw	49	2	Pedal Arm Cap
16	1	Frame	50	1	Left Pedal Arm Axle
17	2	M4 x 10mm Screw	51	1	Right Pedal Arm
18	1	Reed Switch/Wire	52	1	M17 Right Nut
19	1	Clamp	53	6	M8 Washer
20	1	Left Shield	54	1	Left Pedal
21	1	Right Shield	55	1	Right Pedal Arm Axle
22	5	M4 x 50mm Screw	56	1	Right Pedal
23	6	M5 x 16mm Screw	57	4	M8 x 65mm Carriage Bolt
24	1	Lower Resistance Cable	58	—	(Not Used)
25	1	Idler	59	8	M8 Acorn Nut
26	2	Pivot Cap	60	4	M8 x 40mm Bolt
27	4	M8 Large Washer	61	2	M8 x 55mm Bolt
28	2	M8 x 20mm Screw	62	12	M6 Washer
29	4	M8 Locknut	63	6	M6 x 35mm Bolt
30	2	M8 x 16mm Bolt	64	4	Small Leg Bushing
31	1	M10 x 35mm Screw	65	2	Spacer
32	1	Upright	*	—	User's Manual
33	1	Upright Wire	*	—	Assembly Tool
34	1	Resistance Control/Cable	*	—	Grease Packet

Note: Specifications are subject to change without notice. For information about ordering replacement parts, see the back cover of this manual. \*These parts are not illustrated.

# EXPLODED DRAWING

Model No. WLEL81914.0 R1115A



# ORDERING REPLACEMENT PARTS

To order replacement parts, please see the front cover of this manual. To help us assist you, be prepared to provide the following information when contacting us:

- the model number and serial number of the product (see the front cover of this manual)
- the name of the product (see the front cover of this manual)
- the key number and description of the replacement part(s) (see the PART LIST and the EXPLODED DRAWING near the end of this manual)

## LIMITED WARRANTY

**IMPORTANT: To protect your fitness equipment with an extended service plan, see page 4.**

ICON Health & Fitness, Inc. (ICON) warrants this product to be free from defects in workmanship and material, under normal use and service conditions. Parts and labor are warranted for ninety (90) days from the date of purchase.

This warranty extends only to the original purchaser (customer). ICON's obligation under this warranty is limited to repairing or replacing, at ICON's option, the product through one of its authorized service centers. All repairs for which warranty claims are made must be preauthorized by ICON. If the product is shipped to a service center, freight charges to and from the service center will be the customer's responsibility. If replacement parts are shipped while the product is under warranty, the customer will be responsible for a minimal handling charge. For in-home service, the customer will be responsible for a minimal trip charge. This warranty does not extend to freight damage to the product. This warranty will automatically be voided if the product is used as a store display model, if the product is purchased or transported outside the USA, if all instructions in this manual are not followed, if the product is abused or improperly or abnormally used, or if the product is used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorized by ICON.

ICON is not responsible or liable for indirect, special, or consequential damages arising out of or in connection with the use or performance of the product; damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, or costs of removal or installation; or other consequential damages of any kind. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to the customer.

The warranty extended hereunder is in lieu of any and all other warranties, and any implied warranties of merchantability or fitness for a particular purpose are limited in their scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to the customer.

This warranty provides specific legal rights; the customer may have other rights that vary from state to state.

**ICON Health & Fitness, Inc., 1500 S. 1000 W., Logan, UT 84321-9813**