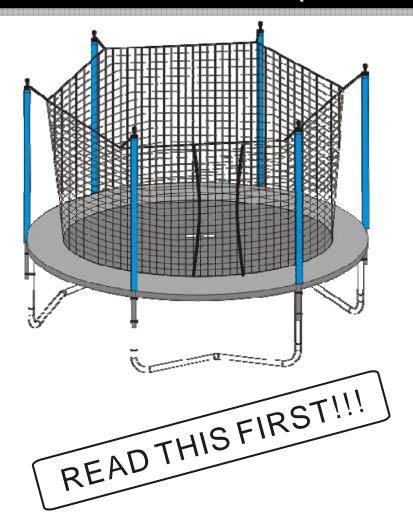
# Enclosure for trampoline



IN CASE OF MISSING OR BROKEN PARTS, PLEASE CONTACT PLACE OF PURCHASE FOR ASSISTANCE.

Adult Supervision\*Adult assembly required.

\*Adult supervision required for children using Safety net.

**Protect Children:** \*Prevent falls and strangulation---Exit through the door only, and use caution.

\*Assist young children in and out of Safety net.



Read these materials prior to assembling and using this trampoline

01/09

# Congratulations, for purchasing a new product from our company. We are sure that you will be satisfied with this product.

To guarantee optimal function of this product, please follow the following instructions:

- Before using this product, please read the manual carefully.
- The product is equipped with safety appliances. Nevertheless, please read the following safety references carefully and use the product only as described in this manual to avoid injuries and hazards.
- This manual is part of the product; please store this manual for future reference.
- If you give this product to another person, make sure to include the manual as well.

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## 1. TECHNICAL DATA

#### Specifications of the product

Teile	Nr.	6'	8'	10'	12'	13'	14'	15'	16'
Frame cover	A	1	1	1	1	1	1	1	1
Jumping mat	В	1	1	1	1	1	1	1	1
Top rail	C	6	6	8	8	8	8	12	12
Spring	D	36	48	64	72	80	88	108	108
Leg extension	E	6	6	8	8	8	8	12	12
Screw	F	18	18	24	24	24	24	36	36
w-shaped leg	G	3	3	4	4	4	4	6	6
Tool	Н	1	1	1	1	1	1	1	1
MAX User Weight (LBS)			225	335	398	398	398	398	398

## 2. <u>A GENERAL SAFETY INSTRUCTIONS</u>

#### 2.1. PURPOSE

 The product is intended for home/domestic use only and is not suitable for professional or medical use.

#### 2.2. DANGER FOR CHILDREN

- WARNING! Trampolines over 51cm (20 inch) height are not recommended for children under six years of age.
- Children do not recognize potential dangers from this product. Keep children away from this product. It is not a toy. The product has to be stored out of reach of children and pets.
- Do not let children unsupervised near this product. Carry out the suitable settings in the product by yourself and supervise the activity.
- Be aware that the packaging material is not suitable for children. <u>There is danger of suffocation!</u>

### 2.3. <u>ATTENTION – RISK OF INJURIES</u>

- Do not use the product if it is damaged or defective. In this case, please consult a qualified technician or our service center.
- Check the product before every use. Defective parts must be changed immediately as they can impair the function and the safety of the product.
- Make sure that no more than one person is using the product at the same time.
- Use the product only on even and non-slipping surfaces. Never use it near water and keep sufficient space around it to increase security.
- Beware of moving parts, which could catch your arms and legs. Do not stick any objects in the product's openings.

#### 2.4. ATTENTION – PRODUCT DAMAGES

- Please do not alter the product. Only use original spare parts. Qualified technicians should only carry out repairs – improper repairs can lead to danger for the user. Use this product only as described in this manual.
- Protect the product against splashes, humidity, high temperature and direct sunlight.

#### 2.5. ADVICE FOR THE ASSEMBLY

- The assembly of the product must be done carefully and by three ablebodied adults. If in any doubt, ask a technically qualified person.
- Before you start with the assembly, read the instructions carefully and take a look at the assembly instructions.
- Remove all packaging materials and lay down all parts on a free space.
   This gives you an overview and simplifies the assembly procedure.
- Now, check with the parts list that no part is missing. Dispose of the packaging material when the assembly is completed.
- Beware that when using tools or doing technical work, there is always a risk of injuries. Therefore assemble the product carefully.
- Create a danger free environment; for example, do not let tools lay around the workspace. Store the packaging material in a way that cannot cause any danger. Foils and plastic bags are dangerous for children (danger of suffocation)!
- After installing product according to the instruction manual, please make sure that all screws, bolts and nuts are correctly installed and tightened and that all joints are tightly fixed.
- A free space of at least 9.5 m is necessary above the trampoline. An appropriate free space must be kept between the trampoline and possible sources of danger, such as electric cables, Tree branches, Playing devices, Swimming pools and fences,
- The Trampoline must be set up properly before use.
- Never set up the trampoline in heavy rain, wind or storm conditions, especially lightning conditions. It is recommended that the trampoline be taken apart and stored in bad weather.
- The metal frame of the trampoline will conduct electricity. Lightning, extension cords and all electrical equipment must never be allowed to come in contact with the trampoline.
- The Trampoline must always be used in a well-lit area.
- Nothing must be placed under the trampoline.
- The Trampoline in the vicinity of other leisure devices and constructions must not be used.
- When assembling or disassembly, please use gloves to protect your hands.

## 3. A SAFETY INSTRUCTIONS FOR TRAMPOLINES

#### **WARNING**

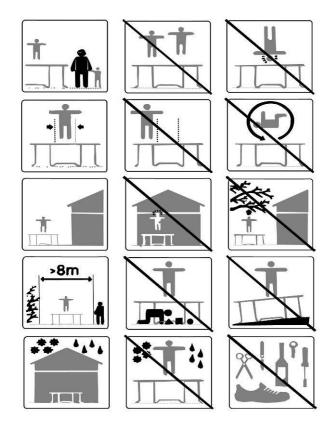


Do not land on the head or neck. There is the danger of paralysis or death, even if landing in the center of the trampoline.

No somersaults tries should be attempted, in order to avoid danger of a head or neck landing.



One person only at a time may use the trampoline. Children under 6 years may use the trampoline only under special supervision. Several persons jumping at the same time on the trampoline will increase the danger of control loss, collision or falling down. It can lead to serious injuries



- Do not use the trampoline without supervision, regardless of age and experience.
- The safety instructions of the trampoline should always be considered and obeyed. During the use of the trampoline, there is a heavy danger of injury including permanent injuries such as paralysis, or even death.
- Even landings on the trampoline can lead to injuries, particularly to the back, neck or head. Somersaults must be avoided. In any case, only one person should use the Trampoline at a time.

- Neither the company nor our manufacturers and suppliers will be responsible
  or liable in any form for direct, indirect or special damages caused during the
  use or in connection with it.
- This also applies to financial losses by theft, property loss, loss of earnings/services and profit, loss of satisfaction in the device, costs of the installation, disposal, damage by influences of the weather and environment as well as any other kinds of damages.
- Recognizable production defects are announced immediately by the dealer or manufacturer/ importer and shall be adjusted immediately for further use. The buyer/Operator of the trampoline has to examine the device regularly on wears or damage.
- No clothes with hooks or parts may be carried when jumping on the trampoline, in order to avoid hooks getting caught.
- The trampoline may be set up only on a flat ground.
- Strong winds can blow the Trampoline away. If strong winds are predicted, the Trampoline must be moved to a protected place, and taken apart, or fastened to the ground with cords and herrings. At least three anchorages are necessary. It is not enough to anchor the pennants in the ground since they can tear out of the patch cords.
- Try to avoid the moving the assembled trampoline, because it could bend during transportation. Should it be necessary to move the trampoline, please consider the following:
  - 1.) At least four people must be evenly spaced around the frame to lift the trampoline off the ground
  - 2.) The trampoline must be carried horizontally
  - 3.) Be carefull while moving, because the frame could bend. If this happened, use four people to draw the trampoline in shape.
- Trampolines are jumping devices, enabling the user to jump into unusual heights as well as into a multiplicity of body movements. Jumping in the Trampoline, hitting the frame, cushioning or incorrect landing on the Trampoline can lead to injuries.
- All users must read the recommendations of the manufacturer themselves to ensure they use the device correctly.
- Users should be familiar with the assembly manual. This manual contains assembly guidance; selected precautionary measures as well as recommendations for servicing and maintenance of the trampoline, in order to ensure a secured and fun use of the Trampoline.
- It is the responsibility of the owner or the supervisor to guarantee that all
  users of the trampoline are informed sufficiently of all warning references and
  safety instructions.

#### For the supervisor:

- Implement all safety rules and make yourselves familiar with the information in the user manual.
- All users of the trampoline need a supervisor, regardless of the age and the experience of the user.
- Children do not recommend this trampoline for use under 6 years of age.
- The trampoline can be only used, if the jump mat is clean and dry. Worn or damaged jump mats should immediately be replaced.
- Objects, which could be dangerous to the user, should be vacated from the way.
- Avoid unauthorized and unsupervised use of the trampoline.
- Do not use the Trampoline under influence of alcohol or drugs (incl. medicines).
- Learn the fundamental jump and body positions carefully, before trying difficult jumps.
- Stop jumping by bending your knees when your feet come to contact with the Trampoline. This technique should practice while you are learning each of the basic bounces. The skill of braking should be used whenever you lose balance or control of previous manoeuvre. Or if you are just learning how to jump on a trampoline .If you do, you will increase your risk of getting injured by landing on the frame, springs. Or off the trampoline completely because you might lose control of your jump .A controlled jump is considered landing on the same spot that you took off from .If you do lose control when you are jumping on the trampoline, bend your knees sharply when you land and this will allow you to regain control and stop your jump.
- Climb on the Trampoline. Do not jump on it directly. Do not use the Trampoline as jump board for other articles.
- For further information or exercise documents, you can turn to a trained Trampoline teacher.

Using of the Trampoline can, as in all active leisure kinds of sports, lead to injuries. There are ways to reduce the risk of injury. On the next parts, the basic causes of accident are emphasized and tips are given regarding the responsibility of supervisors and ways of avoiding accident for users.

#### 3.1. ACCIDENT CATEGORIES

Somersaults: A landing on the head or neck, even if it happens in the center of the Trampoline, increases the risk of neck and back injuries, which can lead to paralysis and sometimes death. This can occur if the user makes an error and falls forward or backward. No somersaults should be attempted on the Trampoline!

The probability of an injury increases if more than one person jump on the Trampoline and lose control of their jump. Users can collide, fall down from the Trampoline and land wrongly on the jump mat and on each other. Smaller users will more easily be hurt in that case.

Climbing on or off the Trampoline: The trampoline's mat is approx. a meter above the floor. Jumping off the Trampoline onto the floor or another surface can lead to an injury. Jumping on the Trampoline from a building roof, a terrace or other objects can lead to injury. Small children need assistance when climbing on or off the Trampoline. Be careful when climbing on and off the Trampoline. Do not step on the cushioning or the framework. Do not use the framework for Climbing on or off the Trampoline.

Hitting the framework or the springs: When playing on the trampoline, STAY in the center of the mat. This will reduce your risk of getting injured by landing on the frame of springs. Always keep the frame pad covering the frame of the trampoline. DO NOT jump or step onto the frame pad directly since it was not intended to support the weight of a person?

Loss of control: when users lose control of their jump, they can land wrongly on the jump mat, land on the framework or the cushioning or fall down from the Trampoline. A controlled jump is one where the jumper lands and jumps from the same spot. Before a more difficult jump maneuver is practiced, the basic controlled jump should be mastered perfectly and continuously. If a jump manoeuvres is tried, which exceeds the abilities of the jumper; there is a danger of losing control. In order to regain control of the jump and land correctly, knees should be completely bent upon landing.

Under influence of drugs or alcohol: The probability of an injury rises, if the user is under the influence of alcohol or drugs. These substances weaken the response, the faculty of judgment, the space awareness, the co-ordination and the motor functions of the concerned user.

Collision with objects: while using the trampoline, person, animals or articles under it will increase the probability of an injury. Jumping on the Trampoline while carrying an article, above all sharp or fragile, increases the probability of an injury. Placing the trampoline too close to electric wires, tree branches or other obstacles will increase the probability of an injury.

Bad maintenance of the Trampoline: Users can hurt themselves if the trampoline is in bad condition. A torn jump mat, a bent framework, missing cushioning or a missing framework must be replaced before using the trampoline again. The trampoline should be examined before each use.

Weather conditions: A wet jump mat is too slippery for safe jumping. Gusty or strong winds can lead to a loss of jump control when jumping. In order to lower the

probability of an injury, the Trampoline should be used under suitable weather conditions only.

#### 3.2. METHODS OF ACCIDENT PREVENTION

#### Role of the user in preventing accidents:

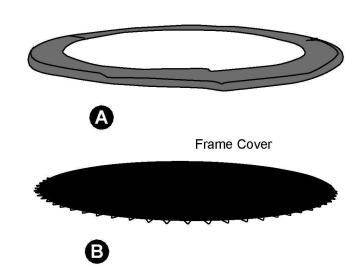
A basic knowledge of the trampoline by the user is a must for security. All users of the trampoline must learn first how to accomplish a low controlled jump as well as the fundamental landing positions and combinations, before turning to advance jump exercises. Users must know why they must control their jump, before they may practice other movements. A controlled jump is when you land and take off from the same location. The first lesson is the understanding of the correct order in developing jumping skills on a Trampoline. For further information or exercise materials, please turn to a trained Trampoline teacher.

#### Role of the supervisor in preventing accidents:

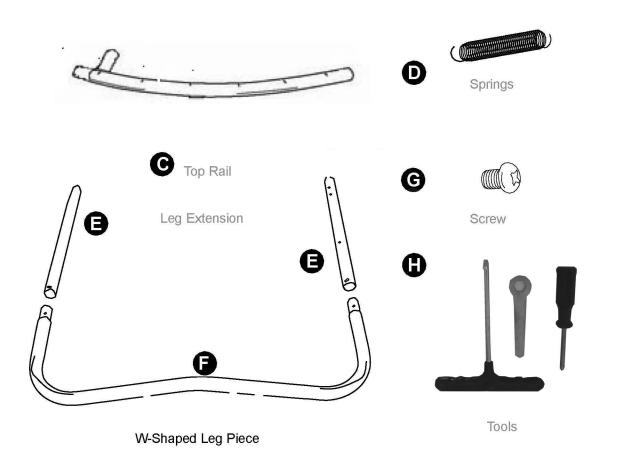
It lies in the responsibility of the supervisors to guarantee a reasonable and experienced supervision of the users of trampoline. Rules and warnings in this manual must be applied, and known to the users of the trampoline in order to reduce the probability of accidents and injuries. In times, when the supervision is not possible or insufficient, the trampoline should be dismantled and stored in a secured place against unauthorized use.

## 4. PARTS LIST & ASSEMBLY INSTRUCTIONS

PARTS	ITEM
Frame Cover	Α
Jumping Mat	В
Top Rail	С
Springs	D
Leg Extension	Е
W-Shaped Leg	F
Screw	G
Tools	Н



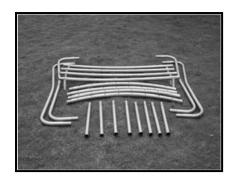
Jumping Mat



## **FRAME ASSEMBLY**

#### Refer to PARTS LIST for identification of parts.

**WARNING:** 3 adults in good physical condition are required for the following assembly. Wear proper shoes and maintain balance to prevent a fall. Failure to follow all instructions and warnings exactly may result in serious injury.



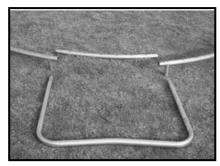
1 Lay out all trampoline parts in groups (just like picture).



3 Continue until you form a large circle. Joining the last link may require two or more adults in good physical condition. With a second person holding the opposite end, bring both sides of the circle firmly together and make them secured.



2 Begin by attaching two leg extensions to assemble one "W" shape leg with rail screws.



4 Attach the "W" leg assembly to the top frame. This is the KEY step: top rail B (short one, without welded tubes) must be placed firmly inside "W" leg assembly, that's very important (just like picture).



5 Attach the leg assemblies making all secured.



6 Attach the "W" leg to the top frame and secure with rail screws.



7 Now the frame assembly is complete.

#### **MAT & COVER ASSEMBLY**

**DANGER:** 3 adults may be required to complete placement of all springs as illustrated in STEP 13. Springs will create high levels of tension when assembled. Please use extreme caution not to pinch your fingers.



8 With stitching portion facing down, lay jumping mat inside frame and attach a spring into one of the triangle rings on the mat. Then attach spring with ring to frame.

WARING: Trampoline is under heavy tension, more effort may be required to attach springs to frame. Be careful not to pinch fingers or slip.

Serious inuury may occur!



9 Repeat this step directly across from where you attached first spring. Then attach two more springs half distance between the first two, directly across from each other.



 $10 \\ \text{Use spring tool as shown.}$ 



11 Springs under heavy tension may require adjacent springs to be attached every four or five holes, making the springs tension averagely distributed.



12 Attach remaining springs until all springs are placed on frame securely.



13 Lay blue frame cover on outer edge so springs are covered-just like a shower cap.



14 Tie all black straps to top rail of frame. Do not tie to springs. .



15 That's it! Your trampoline is complete!

To disassemble repeat steps 1-15 in reverse.

## 5. △IMPORTANT ADVICE FOR USAGE

- For the first use of the Trampoline, users must concentrate on learning fundamental body positions.
- In the learning phase, users must practice and perfect these basic techniques. The deceleration or examining of the jump must be informed first and emphasized as a security measure. Users must break their jump, as soon as they begin to lose the balance or lose control of their jump. Bending the knees on landing so as to absorb the energy of the jump does this. Thus users can stop the jump immediately and avoid control loss.
- A better, more controlled jump for the Trampoline is one in which the user lands on the original jumping place. This exercise is learned only if users can repeat it regularly. Users may never turn to a more difficult exercise before having mastered all the previously learned exercises.
- Users should have a respectively short jumping time. Jumping for too long exposes the user to an increased danger of injury. Longer jumping periods also reduce the interest of the other users, as they have to wait for their turn to jump.
- The clothes must consist of a t-Shirt, short trousers, Gymnastic shoes and thick socks (can also be barefoot). Beginners should wear appropriate protective clothing, like long arm shirts and training trousers, until they can control the landings correctly. Thus, scratches are prevented by wrong landing on the elbows and knees. No firm shoes may be carried, since they lead to strong wear of the Trampoline.
- For correct climbing on and off the trampoline, a firm rule must be followed by beginning users: They should always use their hand on the framework and use this to climb up or down, then stand on the jump mat. When the ascending and descending off the Trampoline does not rise directly on the framework or seize the framework. To descend, users have to go to the exterior of the jump mat, bend forwards and put their hands on the framework, then step from the mat to the ground. DO NOT dismount by jumping off the trampoline and landing on the ground, regardless of the makeup of the ground. If small children are playing on the trampoline, they may need help in mounting and dismounting.
- Daring jumps are not recommended. All skills should be learned with normal jumps. The control of the jump and not the height are to be emphasized. User may not jump alone and unsupervised on the Trampoline.

#### 6. EXERCISE INSTRUCTIONS

#### **FUNDAMENTAL BOUNCES**

#### STANDING BOUNCE



- Start in the center of bed, feet shoulderwidth apart, arms at side, eyes on end of bed.
  - As you jump from trampoline, arms come up and forward, circling outward and back To side as you again contact bed. Bring feet together, toes pointed, in the air, feet Shoulders-width apart again as you contact bed. Arms need never go above your shoulders or behind your body.

#### FRONT DROP



- First, assume position of hands and knees bounce. Begin to bounce slightly in this position, then kick legs back, land on stomach, taking some weight on bent forearms as shown in illustration. Make sure you kick backwards, do not go forward, and return to hands and knees position.
- Try from a low bounce, kicking backwards, making your belt land where your feet were.

#### **KNEE BOUNCE**



- First, assume kneeling position in center of bed, back straight, eyes on end of bed.
- 2. Pump your way to your feet by bouncing, using your arms as in standing bounce.
- 3. Duplicate position from a low bounce

#### HANDS & KNEE DROP



- 1. First, assume position shown in illustration, keeping head up, eyes on end of bed.
- Duplicate position from a low bounce. Keep your hands as close to your knees as shown in illustration.

#### **SEAT DROP**



- First, assume sitting position in center of bed, legs spread wide, and hands on bed, leaning slightly forward.
- Duplicate this position from a low bounce. To come to your feet again, be sure to lean forward and press bed with your hands.

#### **BACK DROP**



- Lie on your back on bed, spread your legs slightly and raise them about 45 degrees from the surface of the bed, raise your arms to corresponding angle, raise head and look at end of trampoline. This is your landing position.
- Try cautiously from a low bounce, making sure you do not lose sight of end bar of trampoline at any time. Weight should be taken more on your shoulders than on your hips.

#### **TUCK POSITION**



Done like a standing bounce, but at **top of bounce**, bring knees to chest and grasp with arms. Then lower feet to contact bed.

#### LAYOUT POSITION



Done like a standing bounce, but at **top of bounce**, stretch slightly, arching back, and momentarily looking skyward.

#### **PIROUETTE**



#### **HALF PIROUETTE:**

Done like a standing bounce, but at **top of bounce**, swiftly turn head and search for opposite end of trampoline. Do not travel. Land on feet.

#### **FULL PIROUETTE:**

Done as above, but continue around, until a complete circle has been made. Spot by looking for end bars as you complete trick.

#### **PIKE POSITION**



Done like a standing bounce, but at **top of bounce**, keeping knees locked and toes pointed, raise legs as illustrated, then lower feet to contact bed.

#### STRADDLE POSITION



Done like pike bounce, but with legs spread as widely as is comfortable. Reach for your toes!

#### 7. MAINTENANCE

Control the product regularly for damages or abrasion, and let authorised dealers handle it. If damages occur before the guarantee's expiry date, please keep your sales slip ready.

#### 8. CLEANING

Do not use any abrasive cleansers for the cleaning. Use a soft, damp cloth to eliminate dirt and dust.

## 9. ADVICE FOR THE DISPOSAL

#### Packaging:

This product is delivered with a packaging, to protect it from damages during transport. The packaging materials are made of raw materials, which are recyclable. Please dispose of these materials according to material type.

If you want to dispose of the products, dispose it according to the actual regulations. Refer to your municipal institution for further informations.

## Liability

While every attempt is made to embody the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change.

#### **WARNING:**

In addition to the instructions and precautions provided with your trampoline, the following precautions must be observed while using the Trampoline Safety Enclosure.

- The metal frame of the trampoline enclosure will conduct electricity. Lights, extension cords, and all such electrical equipment must never be allowed to come in contact with the enclosure.
- Inspect the enclosure before each use. Make sure the straps and all parts are correctly and securely positioned and attached. Tighten any loose hardware. Replace any worn, defective, or missing parts.
- Wear comfortable clothing free of hooks, snaps, drawstrings for anything which may snag or catch in the safety enclosure mesh, Remove jewelry, necklaces, and earrings.
- Climb on and off the trampoline only through the safety enclosure entrance and securely close entrance. Users, especially children, must not attempt to enter or exit between the trampoline frame and the enclosure. Doing this may pose a strangulation risk.
- Do not touch or rebound off the safety enclosure mesh while using the trampoline.
- Read all instructions and complete all assembly before using the safety enclosure.
- Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.

For Recreational Use ONLY. Not for Professional Use.



Assembly and Installation Instructions

- Adequate overhead clearance is essential. A minimum of 24 ft (7.3m) from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards.
- Lateral clearance is essential. Place the trampoline and trampoline enclosure away from walls, structures, fences, and other play areas. Maintain a clear space on all sides of the trampoline and trampoline enclosure. A minimum of six feet from frame edge is recommended.
- The trampoline is heavy and is under heavy tension. Three able-bodied adults are required to set it up. Use appropriate clothing and shoes. Failure to follow these instructions may lead to injury or damage to the trampoline.
- Never set-up the trampoline in heavy rain, wind or storm conditions, especially lightning storms. It is recommended that the trampoline be taken apart and stored in bad weather.
- When moving the assembled trampoline, have at least four people evenly spaced around the frame (NSEW) to lift the trampoline off the ground.
- Place the trampoline and trampoline enclosure on a level surface before use.
- Use the trampoline and trampoline enclosure in a well-lit area. Artificial illumination may be required for indoor or shady areas.
- Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
- Remove any obstructions from beneath the trampoline and trampoline enclosure.
- The owner and supervisors of the trampoline and trampoline enclosure are responsible to make all users aware of practices specified in the "Use Instructions".
- The trampoline enclosure is only to be used as an enclosure for a trampoline and the trampoline must be of the appropriate size covered by the specific enclosure.

# WARNING: Care and Maintenance Instructions

Inspect the trampoline and trampoline enclosure before each use and replace any worn, defective, or missing parts.

The following conditions could represent potential hazards:

- 1. Missing, improperly positioned, or insecurely attached frame padding, barrier or enclosure support system (frame) padding and pole caps.
- 2. Punctures, frays, tears, or holes worn in the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
- 3. Deterioration in the stitching or fabric of the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
- 4. Ruptured springs or bands.
- 5. A bent or broken frame or support system.
- 6. A sagging barrier or bed.
- 7. Sharp protrusions on the support (frame) or suspension system.
- 8. Loosened or missing hardware.



- can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- Do not allow more than one person on the trampoline or inside the trampoline enclosure. Use by more than one person at the same time can result in serious injuries.
- Keep objects away which could interfere with the performer. Maintain a clear area around the trampoline. Do not allow foreign objects or animals on the trampoline.
- Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.
- Trampolines over 20 in.(51cm) tall are not recommended for use by children under six years of age.
- The trampoline should be assembled in its entirety before each use. All springs should be attached to the frame. The frame over should be positioned correctly at all times.
- Never set-up the trampoline in heavy rain, wind or storm conditions, especially lightning storms. It is recommended that the trampoline be taken apart and stored in bad weather.
- When moving the assembled trampoline and trampoline enclosure have at least four people evenly spaced around the frame (NSEW) to lift the trampoline off the ground.
- Inspect that trampoline and trampoline enclosure before each use. Make sure that frame cover, barrier and, enclosure support padding are correctly and securely positioned. Replace any worn, defective, or missing parts.
- The metal frame of the trampoline will conduct electricity. Lights, extension cords, and all such electrical equipment must never be allowed to come in contact with the trampoline.
- Wear comfortable clothing. Remove jewelry, necklaces, and earrings. Wear clothing free of draw strings, hooks, loops or anything that could get caught in the barrier.
- Enter and exit the enclosure only at the enclosure door or barrier opening designated for that purpose. It is a dangerous practice to jump from the trampoline to the ground or floor when dismounting, or to jump onto the trampoline when mounting. Do not use trampoline as a springboard to other objects.
- Stop bounce by flexing knees as feet come in contact with the trampoline bed. Learn this skill before attempting others.
- Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.
- Avoid bouncing too high. Stay low until bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height.
- While keeping the head erect, focus eyes on the trampoline toward the perimeter. This will help control bounce.
- Avoid bouncing when tired. Keep turns short.
- Properly secure the trampoline when not in use. Protect it against unauthorized use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised access by children under six years of age.
- Do not use the trampoline while under the influence of alcohol or drugs.
- For additional information concerning the trampoline equipment, contact the manufacturer.
- For information concerning skill training, contract a certified trampoline instructor.

- Bounce only when the surface of the bed is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or sever winds.
- Read all instructions before using the trampoline and trampoline enclosure. Warnings and instructions for the care, maintenance, and use of this trampoline and trampoline enclosure are included to promote safe, enjoyable use of this equipment.
- Do not intentionally bounce off the barrier.
- Do not attempt to jump over barrier or attempt to crawl under barrier.
- Do not hang from, kick, cut or climb on barrier.
- Do not attach anything to the barrier that is not manufacturer approved accessory or part of the enclosure system.

#### Trampoline Safety and Accident Prevention

As in most recreational sport, participants may be injured. This section covers the most common accidents. Responsibilities of the supervisors and jumpers in accident prevention are also outlined.

#### The following are reason why accidents happen:

- Attempting somersaults. Landing on the head or neck can cause serious injury paralysis,
  - Or death, even when landing in the middle of the bed.
- More that one person on the trampoline. Use by more than one person at the same time can be result in serious injuries.
- Incorrect mounting and dismounting. Carefully crawl out of and into the trampoline bed. Do not jump off to the ground. Do not jump from a roof, or other object onto the trampoline. Small children may need assistance to get on or off the trampoline. Do not step onto the suspension system.
- **Hitting the frame.** Stay in the center of the trampoline when jumping. Injury may result from hitting the frame when control is lost. Be sure the frame cover is always on and the pads securely fastened. Do not jump directly onto the frame pad.
- Loss of control. A jumper who looses control will increase his/her chance of injury. Be sure to familiarize yourself with the basic jumps before doing more difficult ones. Jumps should be mastered, performed repeatedly before moving on to the next level. To regain control and stop your jump, bend your knees sharply as you land.
- Alcohol and drug use. Because alcohol and drug use impairs the jumpers' coordination, loss of control as well as injuries are greatly increased.
- Foreign objects. Please make sure there is nothing sharp under and around the trampoline. Hitting objects under the trampoline can cause injury. Jumping with a foreign object can also increase the chances of getting injured. Be sure there is adequate clearance 24 feet above and 10 feet around the trampoline. Be careful of overhead wires, tree limbs etc.
- Bad Weather. Do not use your trampoline in gusty winds or inclement weather. The bed should not be wet.
- Poor maintenance of the trampoline. Make sure you inspect the trampoline before every use. Check for punctures on the bed, sharp burrs on the frames, stitching that has

- gone bad or loose elastic bands. If a replacement part is needed, please call our seller to order.
- **Unlimited access.** The trampoline should be covered or dis-assembled when not in use. This will prevent unsupervised small children from using the trampoline.

#### Owner's & Supervisor's Role in

#### Preventing injuries & Responsibilities

The supervisor's role is to make sure the users know all the safety rules as well as learn the basic, fundamental bounces. They need to enforce all the safety rules and warnings in the manual, frame and labels. When a supervisor is not available, the trampoline may be dis-assembled or covered to limit access. It is the supervisor's responsibility that the placard with the Trampoline Safety Tips is placed where all jumpers are informed about the tips.

#### User's Role in

#### Preventing injuries & Responsibilities

The jumper must first learn all of the basic, fundamental bounces before attempting more difficult ones. Low, controlled bounces are a good start before learning the basic landing positions and combinations. Jumpers need to understand that control is key to a successful jump. Review of the users' manual to learn basic techniques is a must. Following the tips in the placard is also important. Contact a certified trampoline instructor for more information.

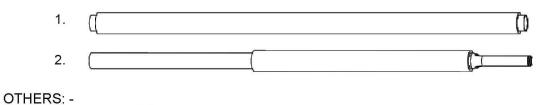
## **ASSEMBLY INSTRUCTION FOR PROTECTIVE NET**

#### 1. PACKAGE CONTENTS:

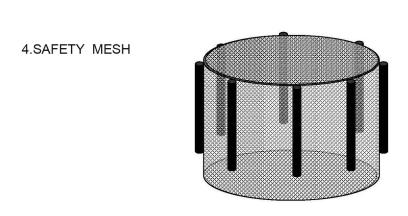
FIG.	PARTS NAME	10'/12'/13'/14'/15'/16' (6 Legs)			6'/8'/10' (3 Legs)
1	GALVANIZED PIPE	12 or 6 PCS	10PCS	8PCS	6PCS
2	GALVANIZED PIPE	12 or 6 PCS	10PCS	8PCS	6PCS
3	QUICK CLAMP	24 or 12 PCS	20PCS	16PCS	12PCS
4	SAFETY MESH	1PC	1PC	1PC	1CS
5	Tools	1PC	1PC	1PC	1CS

#### 2. DIAGRAMS FOR PARTS:

GALVANIZED PIPE: -









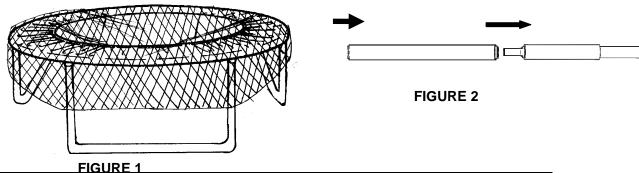
WARNING: ONLY ASSEMBLE BY ADULT. READ AND FOLLOW THIS INSTRUCTION, PRIOR TO ASSEMBLE AND USE OF THIS EQUIPMENT.

#### **ASSEMBLY INSTRUCTION FOR PROTECTIVE NET**

#### 3. ASSEMBLY:

STEP 1:

SPREAD THE SAFETY MESH OUT FLAT ON THE TRAMPOLINE MAT FIRSTLY AS SHOWN IN FIGURE. 1, AND PUT TWO SECTIONS OF SUPPORT PIPES CONNECTED TO GETHER AS SHOWN IN FIGURE 2.



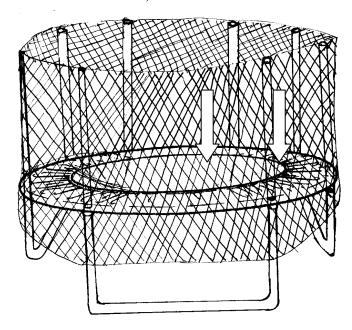
STEP 2:

INSERT SUPPORT PIPES INTO THE SLEEVES OF SAFETY MESH IN ORDER, AS SHOWN IN FIGURE 3.

#### **ASSEMBLY INSTRUCTION FOR PROTECTIVE NET**

STEP 3:

STAND THE SUPPORT PIPES CORRESPOND ANEAR TO EACH TRAMPOLINE LEG ORDERLY (AS SHOWN IN FIGURE 3)



#### STEP 4:

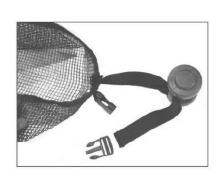
**NOTE**: Firmly clamp the lower pole to the "W" leg vertical part, not to the leg extension, that's very important. Then fasten the quick clamp by wrenching on the bolt.

#### STEP 5:

Firmly clamp the lower pole to the leg extension, that's very important. Then fasten the quick clamp by wrenching on the bolt.

#### STEP 6:

1





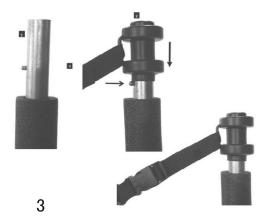




FIGURE 4



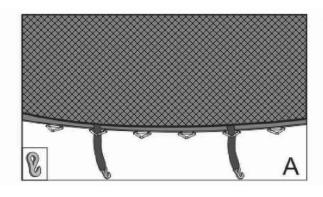
FIGURE 5

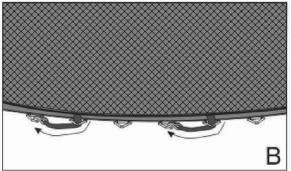






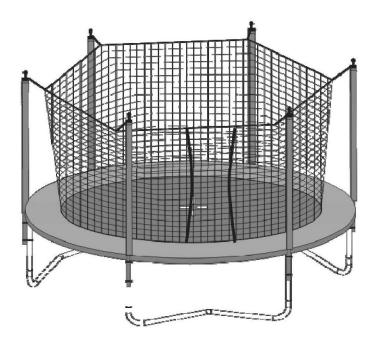
4





- A. Thread the hook of elastic through the V-ring of the mat.
- B. Then tuck the other end of the hook to the next V-ring as shown in A and B.





Congratulations, your trampoline and enclosure is now complete! See cover.

## **Assembly Spring pad on Frame tube:**



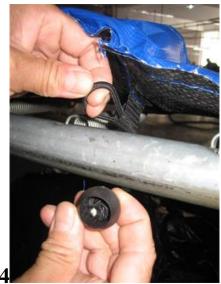


Picture: 1

Picture: 2

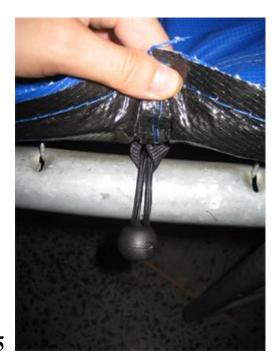
Rope quantity: 8ft, 10ft: 8pcs. 12ft, 13ft, 14ft, 15ft and 16ft: 12pcs





Picture: 3

Picture: 4



Picture: 5

Please fix the spring pad step by step from 1 to 5, in this way whole spring pad is finished setting.